



38. SOLA-Stafette

Zürich / 07.05.2011

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Zoo Züri

□□: Alumni

□□: 372

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:32:46

□□: 11.08 km/h

□□□□: 5:25 min/km

□□□□□: 526 (of 790)

□□□□□□: 6:52:28

□□□□□: 244(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:24	191	6:37	397	8:00	4.40	23:49	5:24	1	23:49	1	23:49
Buchlern	13.25		4:54	269	17:34	525	22:04	17.65	1:28:54	5:02	1	1:28:54	1	1:28:54
Uetliberg	6.20		7:34	431	17:44	733	21:20	23.85	2:15:50	5:41	1	2:15:50	1	2:15:50
Felsenegg	5.90		5:28	231	9:39	459	12:20	29.75	2:48:07	5:39	1	2:48:07	1	2:48:07
Buchlern	14.02		5:15	284	21:55	548	25:56	43.77	4:01:51	5:31	1	4:01:51	1	4:01:51
Hönggerberg	11.10		5:07	172	15:06	371	17:47	54.87	4:58:47	5:26	1	4:58:47	1	4:58:47
Irchel	5.10		6:13	355	12:38	644	14:58	59.97	5:30:31	5:30	1	5:30:31	1	5:30:31
Fluntern	6.34		5:18	233	9:46	475	11:51	66.31	6:04:10	5:29	1	6:04:10	1	6:04:10
Forch	11.30		4:49	63	13:05	194	15:57	77.61	6:58:47	5:23	1	6:58:47	1	6:58:47
Egg	8.75		5:31	261	14:54	504	16:08	86.36	7:47:06	5:24	1	7:47:06	1	7:47:06
Zumikon	12.99		5:46	340	21:55	627	28:04	99.35	9:02:09	5:27	1	9:02:09	1	9:02:09
Witikon	6.91		4:22	92	6:22	229	9:10	106.26	9:32:21	5:23	1	9:32:21	1	9:32:21
Fluntern	4.90		5:23	223	9:35	472	10:07	111.16	9:58:47	5:23	1	9:58:47	1	9:58:47
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Irchel	5.64		6:01	408	13:46	709	15:20	116.80	10:32:46	5:25	255	2:22:34	544	3:40:50