



38. SOLA-Stafette

Zürich / 07.05.2011

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Zürich Hash Bunnies

□□: Alumni

□□: 373

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 11:06:44

□□: 10.44 km/h

□□□□: 5:42 min/km

□□□□□: 699 (of 790)

□□□□□□: 6:52:28

□□□□□: 398(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:46	291	8:14	552	9:37	4.40	25:26	5:46	1	25:26	1	25:26
Buchlern	13.25		5:18	386	22:52	675	27:22	17.65	1:35:49	5:25	1	1:35:49	1	1:35:49
Uetliberg	6.20		6:40	320	12:14	589	15:50	23.85	2:17:15	5:45	1	2:17:15	1	2:17:15
Felsenegg	5.90		6:20	418	14:45	713	17:26	29.75	2:54:38	5:52	1	2:54:38	1	2:54:38
Buchlern	14.02		4:45	126	14:57	292	18:58	43.77	4:01:24	5:30	1	4:01:24	1	4:01:24
Hönggerberg	11.10		6:00	399	24:50	688	27:31	54.87	5:08:04	5:36	1	5:08:04	1	5:08:04
Irchel	5.10		6:54	444	16:08	744	18:28	59.97	5:43:18	5:43	1	5:43:18	1	5:43:18
Fluntern	6.34		5:54	373	13:37	659	15:42	66.31	6:20:48	5:44	1	6:20:48	1	6:20:48
Forch	11.30		6:16	421	29:23	726	32:15	77.61	7:31:43	5:49	1	7:31:43	1	7:31:43
Egg	8.75		5:12	141	12:06	330	13:20	86.36	8:17:14	5:45	1	8:17:14	1	8:17:14
Zumikon	12.99		6:02	396	25:27	698	31:36	99.35	9:35:49	5:47	1	9:35:49	1	9:35:49
Witikon	6.91		4:29	118	7:12	284	10:00	106.26	10:06:51	5:42	1	10:06:51	1	10:06:51
Fluntern	4.90		5:44	304	11:19	574	11:51	111.16	10:35:01	5:42	1	10:35:01	1	10:35:01
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Irchel	5.64		5:37	348	11:30	624	13:04	116.80	11:06:44	5:42	410	2:56:32	719	4:14:48