



38. SOLA-Stafette

Zürich / 07.05.2011

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Zürich Hash Hares

□□: Alumni

□□: 374

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:56:45

□□: 10.60 km/h

□□□□: 5:37 min/km

□□□□□: 654 (of 790)

□□□□□□: 6:52:28

□□□□□: 359(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:50	309	8:30	571	9:53	4.40	25:42	5:50	1	25:42	1	25:42
Buchlern	13.25		4:26	87	11:18	240	15:48	17.65	1:24:31	4:47	1	1:24:31	1	1:24:31
Uetliberg	6.20		6:51	350	13:19	637	16:55	23.85	2:07:02	5:19	1	2:07:02	1	2:07:02
Felsenegg	5.90		6:09	406	13:42	698	16:23	29.75	2:43:22	5:29	1	2:43:22	1	2:43:22
Buchlern	14.02		5:54	411	31:06	714	35:07	43.77	4:06:17	5:37	1	4:06:17	1	4:06:17
Hönggerberg	11.10		5:24	242	18:09	482	20:50	54.87	5:06:16	5:34	1	5:06:16	1	5:06:16
Irchel	5.10		5:12	146	7:28	330	9:48	59.97	5:32:50	5:32	1	5:32:50	1	5:32:50
Fluntern	6.34		4:07	4	2:14	31	4:19	66.31	5:58:57	5:24	1	5:58:57	1	5:58:57
Forch	11.30		4:53	78	13:46	225	16:38	77.61	6:54:15	5:20	1	6:54:15	1	6:54:15
Egg	8.75		5:24	217	13:52	447	15:06	86.36	7:41:32	5:20	1	7:41:32	1	7:41:32
Zumikon	12.99		8:24	475	56:07	787	1:02:16	99.35	9:30:47	5:44	1	9:30:47	1	9:30:47
Witikon	6.91		4:22	94	6:26	233	9:14	106.26	10:01:03	5:39	1	10:01:03	1	10:01:03
Fluntern	4.90		5:37	277	10:43	537	11:15	111.16	10:28:37	5:39	1	10:28:37	1	10:28:37
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:59	184	7:55	382	9:29	116.80	10:56:45	5:37	371	2:46:33	673	4:04:49