



38. SOLA-Stafette

Zürich / 07.05.2011

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BugVets

□□: Ang.

□□: 393

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 11:29:02

□□: 10.10 km/h

□□□□: 5:53 min/km

□□□□□: 742 (of 790)

□□□□□□: 6:52:28

□□□□□: 437(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:36	248	7:30	488	8:53	4.40	24:42	5:36	1	24:42	1	24:42
Buchlern	13.25		4:50	236	16:33	478	21:03	17.65	1:28:46	5:01	1	1:28:46	1	1:28:46
Uetliberg	6.20		8:24	460	22:55	769	26:31	23.85	2:20:53	5:54	1	2:20:53	1	2:20:53
Felsenegg	5.90		6:44	445	17:08	753	19:49	29.75	3:00:39	6:04	1	3:00:39	1	3:00:39
Buchlern	14.02		4:29	55	11:07	169	15:08	43.77	4:03:35	5:33	1	4:03:35	1	4:03:35
Hönggerberg	11.10		6:17	429	28:02	728	30:43	54.87	5:13:27	5:42	1	5:13:27	1	5:13:27
Irchel	5.10		6:46	433	15:29	733	17:49	59.97	5:48:02	5:48	1	5:48:02	1	5:48:02
Fluntern	6.34		7:14	471	22:02	780	24:07	66.31	6:33:57	5:56	1	6:33:57	1	6:33:57
Forch	11.30		6:34	446	32:41	754	35:33	77.61	7:48:10	6:01	1	7:48:10	1	7:48:10
Egg	8.75		5:02	97	10:38	258	11:52	86.36	8:32:13	5:55	1	8:32:13	1	8:32:13
Zumikon	12.99		6:21	433	29:22	737	35:31	99.35	9:54:43	5:59	1	9:54:43	1	9:54:43
Witikon	6.91		4:48	221	9:24	453	12:12	106.26	10:27:57	5:54	1	10:27:57	1	10:27:57
Fluntern	4.90		6:13	391	13:38	682	14:10	111.16	10:58:26	5:55	1	10:58:26	1	10:58:26
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Irchel	5.64		5:25	308	10:23	566	11:57	116.80	11:29:02	5:53	449	3:18:50	761	4:37:06