



38. SOLA-Stafette

Zürich / 07.05.2011

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Chräbsli Jäger

□□: Ang.
□□: 396

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:57:01

□□: 10.59 km/h
□□□□: 5:37 min/km

□□□□□: 658 (of 790)

□□□□□□: 6:52:28

□□□□□: 363(of 477)

□□□□□□□: 8:43:10

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:52	321	8:40	585	10:03	4.40	25:52	5:52	1	25:52	1	25:52
Buchlern	13.25		4:56	284	17:53	541	22:23	17.65	1:31:16	5:10	1	1:31:16	1	1:31:16
Uetliberg	6.20		6:07	186	8:49	404	12:25	23.85	2:09:17	5:25	1	2:09:17	1	2:09:17
Felsenegg	5.90		5:02	126	7:05	293	9:46	29.75	2:39:00	5:20	1	2:39:00	1	2:39:00
Buchlern	14.02		4:31	63	11:38	181	15:39	43.77	3:42:27	5:04	1	3:42:27	1	3:42:27
Hönggerberg	11.10		6:59	462	35:44	772	38:25	54.87	5:00:01	5:28	1	5:00:01	1	5:00:01
Irchel	5.10		6:03	337	11:49	620	14:09	59.97	5:30:56	5:31	1	5:30:56	1	5:30:56
Fluntern	6.34		5:07	158	8:35	359	10:40	66.31	6:03:24	5:28	1	6:03:24	1	6:03:24
Forch	11.30		5:15	195	17:51	407	20:43	77.61	7:02:47	5:26	1	7:02:47	1	7:02:47
Egg	8.75		5:46	336	17:11	612	18:25	86.36	7:53:23	5:28	1	7:53:23	1	7:53:23
Zumikon	12.99		5:27	250	17:42	505	23:51	99.35	9:04:13	5:28	1	9:04:13	1	9:04:13
Witikon	6.91		7:23	471	27:12	782	30:00	106.26	9:55:15	5:36	1	9:55:15	1	9:55:15
Fluntern	4.90		6:02	366	12:43	651	13:15	111.16	10:24:49	5:37	1	10:24:49	1	10:24:49
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:42	364	11:59	648	13:33	116.80	10:57:01	5:37	375	2:46:49	677	4:05:05