



38. SOLA-Stafette

Zürich / 07.05.2011

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Credit Suisse - Change the Bank

□□: Ang.

□□: 398

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 11:03:30

□□: 10.49 km/h

□□□□: 5:40 min/km

□□□□□: 684 (of 790)

□□□□□□: 6:52:28

□□□□□: 386(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:17	401	10:27	690	11:50	4.40	27:39	6:17	1	27:39	1	27:39
Buchlern	13.25		5:27	413	24:53	708	29:23	17.65	1:40:03	5:40	1	1:40:03	1	1:40:03
Uetliberg	6.20		7:29	425	17:13	726	20:49	23.85	2:26:28	6:08	1	2:26:28	1	2:26:28
Felsenegg	5.90		6:02	381	13:03	669	15:44	29.75	3:02:09	6:07	1	3:02:09	1	3:02:09
Buchlern	14.02		5:37	370	27:01	659	31:02	43.77	4:20:59	5:57	1	4:20:59	1	4:20:59
Hönggerberg	11.10		6:03	406	25:24	695	28:05	54.87	5:28:13	5:58	1	5:28:13	1	5:28:13
Irchel	5.10		6:01	332	11:39	613	13:59	59.97	5:58:58	5:59	1	5:58:58	1	5:58:58
Fluntern	6.34		6:31	447	17:31	752	19:36	66.31	6:40:22	6:02	1	6:40:22	1	6:40:22
Forch	11.30		4:57	96	14:33	258	17:25	77.61	7:36:27	5:52	1	7:36:27	1	7:36:27
Egg	8.75		5:08	128	11:31	310	12:45	86.36	8:21:23	5:48	1	8:21:23	1	8:21:23
Zumikon	12.99		5:23	227	16:57	468	23:06	99.35	9:31:28	5:45	1	9:31:28	1	9:31:28
Witikon	6.91		5:27	381	13:50	666	16:38	106.26	10:09:08	5:43	1	10:09:08	1	10:09:08
Fluntern	4.90		4:46	78	6:32	239	7:04	111.16	10:32:31	5:41	1	10:32:31	1	10:32:31
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Irchel	5.64		5:29	320	10:46	586	12:20	116.80	11:03:30	5:40	398	2:53:18	703	4:11:34