



38. SOLA-Stafette

Zürich / 07.05.2011

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Extraterrestrial Ecosystemaniacs

□□□: 10:18:36

□□: Ang.

□□: 11.25 km/h

□□: 411

□□□□: 5:17 min/km

□□: 116.80 km

Sola-Stafette

□□□□□: 426 (of 790)

□□□□□□: 6:52:28

□□□□:

□□□□□: 165(of 477)

Langsame

□□□□□□□: 8:43:10

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:21	175	6:23	371	7:46	4.40	23:35	5:21	1	23:35	1	23:35
Buchlern	13.25		5:09	351	20:48	631	25:18	17.65	1:31:54	5:12	1	1:31:54	1	1:31:54
Uetliberg	6.20		6:42	322	12:22	594	15:58	23.85	2:13:28	5:35	1	2:13:28	1	2:13:28
Felsenegg	5.90		5:35	273	10:21	517	13:02	29.75	2:46:27	5:35	1	2:46:27	1	2:46:27
Buchlern	14.02		4:55	174	17:08	382	21:09	43.77	3:55:24	5:22	1	3:55:24	1	3:55:24
Hönggerberg	11.10		5:48	362	22:38	640	25:19	54.87	4:59:52	5:27	1	4:59:52	1	4:59:52
Irchel	5.10		5:47	276	10:28	538	12:48	59.97	5:29:26	5:29	1	5:29:26	1	5:29:26
Fluntern	6.34		5:29	295	10:55	555	13:00	66.31	6:04:14	5:29	1	6:04:14	1	6:04:14
Forch	11.30		5:14	185	17:37	395	20:29	77.61	7:03:23	5:27	1	7:03:23	1	7:03:23
Egg	8.75		5:15	159	12:32	359	13:46	86.36	7:49:20	5:26	1	7:49:20	1	7:49:20
Zumikon	12.99		4:45	55	8:38	182	14:47	99.35	8:51:06	5:20	1	8:51:06	1	8:51:06
Witikon	6.91		4:58	271	10:34	520	13:22	106.26	9:25:30	5:19	1	9:25:30	1	9:25:30
Fluntern	4.90		4:33	57	5:31	179	6:03	111.16	9:47:52	5:17	1	9:47:52	1	9:47:52
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:26	314	10:31	573	12:05	116.80	10:18:36	5:17	176	2:08:24	444	3:26:40