



38. SOLA-Stafette

Zürich / 07.05.2011

IMPact

IMPact

Ang.

423

116.80 km

Sola-Stafette

Langsame

Langsame

10:14:56

11.32 km/h

5:15 min/km

403 (of 790)

6:52:28

147 (of 477)

8:43:10

IMPact

IMPact

IMPact

IMPact	km	min/km	-	-	IMPact	IMPact	IMPact	IMPact	IMPact	IMPact	IMPact	IMPact	IMPact	IMPact
Hönggerberg	4.40	4:26	13	2:20	58	3:43	4.40	19:32	4:26	1	19:32	1	19:32	
Buchlern	13.25	4:25	84	11:09	236	15:39	17.65	1:18:12	4:25	1	1:18:12	1	1:18:12	
Uetliberg	6.20	6:19	241	10:00	476	13:36	23.85	1:57:24	4:55	1	1:57:24	1	1:57:24	
Felsenegg	5.90	5:56	365	12:28	647	15:09	29.75	2:32:30	5:07	1	2:32:30	1	2:32:30	
Buchlern	14.02	5:08	245	20:17	491	24:18	43.77	3:44:36	5:07	1	3:44:36	1	3:44:36	
Hönggerberg	11.10	5:32	295	19:45	552	22:26	54.87	4:46:11	5:12	1	4:46:11	1	4:46:11	
Irchel	5.10	4:26	24	3:31	87	5:51	59.97	5:08:48	5:08	1	5:08:48	1	5:08:48	
Fluntern	6.34	5:55	375	13:44	661	15:49	66.31	5:46:25	5:13	1	5:46:25	1	5:46:25	
Forch	11.30	5:23	237	19:19	473	22:11	77.61	6:47:16	5:14	1	6:47:16	1	6:47:16	
Egg	8.75	5:54	367	18:21	647	19:35	86.36	7:39:02	5:18	1	7:39:02	1	7:39:02	
Zumikon	12.99	5:08	148	13:41	351	19:50	99.35	8:45:51	5:17	1	8:45:51	1	8:45:51	
Witikon	6.91	4:04	36	4:19	105	7:07	106.26	9:14:00	5:12	1	9:14:00	1	9:14:00	
Fluntern	4.90	5:32	252	10:20	507	10:52	111.16	9:41:11	5:13	1	9:41:11	1	9:41:11	
IMPact	-	fehlt!	-	-	-	-	111.16	-	-	-	-	-	-	
Irchel	5.64	5:59	402	13:32	702	15:06	116.80	10:14:56	5:15	158	2:04:44	420	3:23:00	