



38. SOLA-Stafette

Zürich / 07.05.2011

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ipwinners 2

□□: Ang.

□□: 426

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:38:10

□□: 10.91 km/h

□□□□: 5:27 min/km

□□□□□: 565 (of 790)

□□□□□□: 6:52:28

□□□□□: 277(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:58	348	9:06	616	10:29	4.40	26:18	5:58	1	26:18	1	26:18
Buchlern	13.25		4:34	138	13:09	334	17:39	17.65	1:26:58	4:55	1	1:26:58	1	1:26:58
Uetliberg	6.20		6:08	189	8:51	408	12:27	23.85	2:05:01	5:14	1	2:05:01	1	2:05:01
Felsenegg	5.90		5:48	329	11:41	595	14:22	29.75	2:39:20	5:21	1	2:39:20	1	2:39:20
Buchlern	14.02		4:58	196	18:01	419	22:02	43.77	3:49:10	5:14	1	3:49:10	1	3:49:10
Hönggerberg	11.10		5:03	153	14:23	336	17:04	54.87	4:45:23	5:12	1	4:45:23	1	4:45:23
Irchel	5.10		6:39	420	14:52	719	17:12	59.97	5:19:21	5:19	1	5:19:21	1	5:19:21
Fluntern	6.34		4:28	28	4:28	100	6:33	66.31	5:47:42	5:14	1	5:47:42	1	5:47:42
Forch	11.30		5:55	377	25:21	672	28:13	77.61	6:54:35	5:20	1	6:54:35	1	6:54:35
Egg	8.75		4:51	63	9:05	183	10:19	86.36	7:37:05	5:17	1	7:37:05	1	7:37:05
Zumikon	12.99		6:11	419	27:18	723	33:27	99.35	8:57:31	5:24	1	8:57:31	1	8:57:31
Witikon	6.91		5:04	300	11:15	557	14:03	106.26	9:32:36	5:23	1	9:32:36	1	9:32:36
Fluntern	4.90		6:17	401	13:58	696	14:30	111.16	10:03:25	5:25	1	10:03:25	1	10:03:25
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Irchel	5.64		6:09	423	14:32	731	16:06	116.80	10:38:10	5:27	288	2:27:58	583	3:46:14