



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Lets try again

□□: Ang.

□□: 435

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:17:24

□□: 11.27 km/h

□□□□: 5:17 min/km

□□□□□: 416 (of 790)

□□□□□□: 6:52:28

□□□□□: 156(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:20	169	6:17	358	7:40	4.40	23:29	5:20	1	23:29	1	23:29
Buchlern	13.25		4:33	127	12:48	317	17:18	17.65	1:23:48	4:44	1	1:23:48	1	1:23:48
Uetliberg	6.20		6:21	247	10:12	485	13:48	23.85	2:03:12	5:09	1	2:03:12	1	2:03:12
Felsenegg	5.90		5:50	333	11:49	603	14:30	29.75	2:37:39	5:17	1	2:37:39	1	2:37:39
Buchlern	14.02		5:31	359	25:42	644	29:43	43.77	3:55:10	5:22	1	3:55:10	1	3:55:10
Hönggerberg	11.10		4:59	130	13:30	298	16:11	54.87	4:50:30	5:17	1	4:50:30	1	4:50:30
Irchel	5.10		5:06	124	6:57	294	9:17	59.97	5:16:33	5:16	1	5:16:33	1	5:16:33
Fluntern	6.34		5:33	312	11:24	577	13:29	66.31	5:51:50	5:18	1	5:51:50	1	5:51:50
Forch	11.30		4:11	7	5:46	34	8:38	77.61	6:39:08	5:08	1	6:39:08	1	6:39:08
Egg	8.75		5:42	317	16:36	587	17:50	86.36	7:29:09	5:12	1	7:29:09	1	7:29:09
Zumikon	12.99		6:05	402	26:03	704	32:12	99.35	8:48:20	5:19	1	8:48:20	1	8:48:20
Witikon	6.91		4:36	144	8:00	333	10:48	106.26	9:20:10	5:16	1	9:20:10	1	9:20:10
Fluntern	4.90		5:54	343	12:08	623	12:40	111.16	9:49:09	5:18	1	9:49:09	1	9:49:09
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:00	192	8:02	392	9:36	116.80	10:17:24	5:17	167	2:07:12	433	3:25:28