



38. SOLA-Stafette

Zürich / 07.05.2011

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Pro Infirmis Zürich

□□: Ang.
□□: 447

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 11:18:06

□□: 10.33 km/h
□□□□: 5:48 min/km

□□□□□: 727 (of 790)

□□□□□□: 6:52:28

□□□□□: 424(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:14	397	10:18	684	11:41	4.40	27:30	6:14	1	27:30	1	27:30
Buchlern	13.25		4:18	53	9:28	174	13:58	17.65	1:24:29	4:47	1	1:24:29	1	1:24:29
Uetliberg	6.20		6:19	239	9:58	474	13:34	23.85	2:03:39	5:11	1	2:03:39	1	2:03:39
Felsenegg	5.90		6:57	454	18:25	764	21:06	29.75	2:44:42	5:32	1	2:44:42	1	2:44:42
Buchlern	14.02		5:54	410	31:03	713	35:04	43.77	4:07:34	5:39	1	4:07:34	1	4:07:34
Hönggerberg	11.10		5:09	176	15:29	381	18:10	54.87	5:04:53	5:33	1	5:04:53	1	5:04:53
Irchel	5.10		7:36	464	19:44	773	22:04	59.97	5:43:43	5:43	1	5:43:43	1	5:43:43
Fluntern	6.34		4:29	30	4:38	108	6:43	66.31	6:12:14	5:36	1	6:12:14	1	6:12:14
Forch	11.30		6:00	395	26:21	692	29:13	77.61	7:20:07	5:40	1	7:20:07	1	7:20:07
Egg	8.75		5:55	369	18:26	649	19:40	86.36	8:11:58	5:41	1	8:11:58	1	8:11:58
Zumikon	12.99		6:50	461	35:45	771	41:54	99.35	9:40:51	5:50	1	9:40:51	1	9:40:51
Witikon	6.91		6:36	464	21:51	773	24:39	106.26	10:26:32	5:53	1	10:26:32	1	10:26:32
Fluntern	4.90		5:14	196	8:51	431	9:23	111.16	10:52:14	5:52	1	10:52:14	1	10:52:14
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Irchel	5.64		4:35	84	5:39	207	7:13	116.80	11:18:06	5:48	436	3:07:54	747	4:26:10