



38. SOLA-Stafette

Zürich / 07.05.2011

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RiskLab Switzerland

□□: Ang.

□□: 454

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 11:11:42

□□: 10.43 km/h

□□□□: 5:45 min/km

□□□□□: 713 (of 790)

□□□□□□: 6:52:28

□□□□□: 411(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:19	166	6:15	353	7:38	4.40	23:27	5:19	1	23:27	1	23:27
Buchlern	13.25		5:31	424	25:39	722	30:09	17.65	1:36:37	5:28	1	1:36:37	1	1:36:37
Uetliberg	6.20		8:26	462	23:08	771	26:44	23.85	2:28:57	6:14	1	2:28:57	1	2:28:57
Felsenegg	5.90		6:00	376	12:48	661	15:29	29.75	3:04:23	6:11	1	3:04:23	1	3:04:23
Buchlern	14.02		4:52	158	16:38	361	20:39	43.77	4:12:50	5:46	1	4:12:50	1	4:12:50
Hönggerberg	11.10		5:49	365	22:52	645	25:33	54.87	5:17:32	5:47	1	5:17:32	1	5:17:32
Irchel	5.10		6:44	430	15:18	730	17:38	59.97	5:51:56	5:52	1	5:51:56	1	5:51:56
Fluntern	6.34		5:25	278	10:33	530	12:38	66.31	6:26:22	5:49	1	6:26:22	1	6:26:22
Forch	11.30		6:08	406	27:56	707	30:48	77.61	7:35:50	5:52	1	7:35:50	1	7:35:50
Egg	8.75		6:17	421	21:35	720	22:49	86.36	8:30:50	5:54	1	8:30:50	1	8:30:50
Zumikon	12.99		5:34	282	19:14	550	25:23	99.35	9:43:12	5:52	1	9:43:12	1	9:43:12
Witikon	6.91		4:18	79	5:58	199	8:46	106.26	10:13:00	5:46	1	10:13:00	1	10:13:00
Fluntern	4.90		5:35	269	10:35	528	11:07	111.16	10:40:26	5:45	1	10:40:26	1	10:40:26
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Irchel	5.64		5:32	333	11:03	605	12:37	116.80	11:11:42	5:45	423	3:01:30	733	4:19:46