



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Spirit of responsAbility

□□: Ang.  
□□: 465

□□: 116.80 km  
Sola-Stafette

□□□□:  
Langsame

□□□: 9:57:53

□□: 11.64 km/h  
□□□□: 5:07 min/km

□□□□□: 285 (of 790)

□□□□□□: 6:52:28

□□□□□: 72(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:02	362	9:22	635	10:45	4.40	26:34	6:02	1	26:34	1	26:34
Buchlern	13.25		4:53	262	17:22	512	21:52	17.65	1:31:27	5:10	1	1:31:27	1	1:31:27
Uetliberg	6.20		6:18	238	9:57	473	13:33	23.85	2:10:36	5:28	1	2:10:36	1	2:10:36
Felsenegg	5.90		5:08	145	7:40	328	10:21	29.75	2:40:54	5:24	1	2:40:54	1	2:40:54
Buchlern	14.02		4:29	54	11:05	168	15:06	43.77	3:43:48	5:06	1	3:43:48	1	3:43:48
Hönggerberg	11.10		4:06	7	3:42	28	6:23	54.87	4:29:20	4:54	1	4:29:20	1	4:29:20
Irchel	5.10		4:40	53	4:44	153	7:04	59.97	4:53:10	4:53	1	4:53:10	1	4:53:10
Fluntern	6.34		5:16	219	9:36	455	11:41	66.31	5:26:39	4:55	1	5:26:39	1	5:26:39
Forch	11.30		5:22	228	19:09	463	22:01	77.61	6:27:20	4:59	1	6:27:20	1	6:27:20
Egg	8.75		5:05	116	11:10	291	12:24	86.36	7:11:55	5:00	1	7:11:55	1	7:11:55
Zumikon	12.99		5:10	158	14:11	365	20:20	99.35	8:19:14	5:01	1	8:19:14	1	8:19:14
Witikon	6.91		5:33	400	14:36	696	17:24	106.26	8:57:40	5:03	1	8:57:40	1	8:57:40
Fluntern	4.90		4:53	102	7:05	280	7:37	111.16	9:21:36	5:03	1	9:21:36	1	9:21:36
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Irchel	5.64		6:25	445	16:04	755	17:38	116.80	9:57:53	5:07	81	1:47:41	300	3:05:57