



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Team Allreal

□□: Ang.  
□□: 470

□□: 116.80 km  
Sola-Stafette

□□□□:  
Langsame

□□□: 10:34:30

□□: 10.97 km/h  
□□□□: 5:25 min/km

□□□□□: 541 (of 790)

□□□□□□: 6:52:28

□□□□□: 257(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:21	409	10:48	705	12:11	4.40	28:00	6:21	1	28:00	1	28:00
Buchlern	13.25		4:50	242	16:37	484	21:07	17.65	1:32:08	5:13	1	1:32:08	1	1:32:08
Uetliberg	6.20		5:40	80	6:02	218	9:38	23.85	2:07:22	5:20	1	2:07:22	1	2:07:22
Felsenegg	5.90		5:52	344	12:03	619	14:44	29.75	2:42:03	5:26	1	2:42:03	1	2:42:03
Buchlern	14.02		5:35	368	26:29	655	30:30	43.77	4:00:21	5:29	1	4:00:21	1	4:00:21
Hönggerberg	11.10		7:03	464	36:29	774	39:10	54.87	5:18:40	5:48	1	5:18:40	1	5:18:40
Irchel	5.10		5:15	156	7:45	349	10:05	59.97	5:45:31	5:45	1	5:45:31	1	5:45:31
Fluntern	6.34		5:12	188	9:07	412	11:12	66.31	6:18:31	5:42	1	6:18:31	1	6:18:31
Forch	11.30		5:24	242	19:30	480	22:22	77.61	7:19:33	5:39	1	7:19:33	1	7:19:33
Egg	8.75		5:46	335	17:08	611	18:22	86.36	8:10:06	5:40	1	8:10:06	1	8:10:06
Zumikon	12.99		5:01	112	12:10	296	18:19	99.35	9:15:24	5:35	1	9:15:24	1	9:15:24
Witikon	6.91		4:42	182	8:43	392	11:31	106.26	9:47:57	5:31	1	9:47:57	1	9:47:57
Fluntern	4.90		4:29	43	5:11	146	5:43	111.16	10:09:59	5:29	1	10:09:59	1	10:09:59
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:20	35	4:18	106	5:52	116.80	10:34:30	5:25	268	2:24:18	559	3:42:34