



38. SOLA-Stafette

Zürich / 07.05.2011

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TEAM PH FHNW

□□: Ang.

□□: 471

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:05:55

□□: 11.49 km/h

□□□□: 5:11 min/km

□□□□□: 347 (of 790)

□□□□□□: 6:52:28

□□□□□: 111(of 477)

□□□□□□□: 8:43:10

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hönggerberg | 4.40 | | 6:42 | 437 | 12:17 | 744 | 13:40 | 4.40 | 29:29 | 6:42 | 1 | 29:29 | 1 | 29:29 |
| Buchlern | 13.25 | | 4:47 | 226 | 16:04 | 463 | 20:34 | 17.65 | 1:33:04 | 5:16 | 1 | 1:33:04 | 1 | 1:33:04 |
| Uetliberg | 6.20 | | 5:53 | 120 | 7:19 | 295 | 10:55 | 23.85 | 2:09:35 | 5:25 | 1 | 2:09:35 | 1 | 2:09:35 |
| Felsenegg | 5.90 | | 5:42 | 308 | 11:01 | 564 | 13:42 | 29.75 | 2:43:14 | 5:29 | 1 | 2:43:14 | 1 | 2:43:14 |
| Buchlern | 14.02 | | 4:36 | 79 | 12:47 | 217 | 16:48 | 43.77 | 3:47:50 | 5:12 | 1 | 3:47:50 | 1 | 3:47:50 |
| Hönggerberg | 11.10 | | 5:06 | 166 | 14:56 | 364 | 17:37 | 54.87 | 4:44:36 | 5:11 | 1 | 4:44:36 | 1 | 4:44:36 |
| Irchel | 5.10 | | 5:03 | 113 | 6:43 | 278 | 9:03 | 59.97 | 5:10:25 | 5:10 | 1 | 5:10:25 | 1 | 5:10:25 |
| Fluntern | 6.34 | | 5:17 | 222 | 9:37 | 458 | 11:42 | 66.31 | 5:43:55 | 5:11 | 1 | 5:43:55 | 1 | 5:43:55 |
| Forch | 11.30 | | 5:04 | 134 | 15:50 | 317 | 18:42 | 77.61 | 6:41:17 | 5:10 | 1 | 6:41:17 | 1 | 6:41:17 |
| Egg | 8.75 | | 5:27 | 232 | 14:17 | 472 | 15:31 | 86.36 | 7:28:59 | 5:11 | 1 | 7:28:59 | 1 | 7:28:59 |
| Zumikon | 12.99 | | 5:28 | 262 | 18:04 | 519 | 24:13 | 99.35 | 8:40:11 | 5:14 | 1 | 8:40:11 | 1 | 8:40:11 |
| Witikon | 6.91 | | 3:40 | 5 | 1:33 | 29 | 4:21 | 106.26 | 9:05:34 | 5:08 | 1 | 9:05:34 | 1 | 9:05:34 |
| Fluntern | 4.90 | | 4:24 | 34 | 4:44 | 128 | 5:16 | 111.16 | 9:27:09 | 5:06 | 1 | 9:27:09 | 1 | 9:27:09 |
| □□□ | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 6:52 | 464 | 18:33 | 776 | 20:07 | 116.80 | 10:05:55 | 5:11 | 122 | 1:55:43 | 364 | 3:13:59 |