



38. SOLA-Stafette

Zürich / 07.05.2011

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Uro-Team

□□: Ang.
□□: 477

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:31:12

□□: 11.03 km/h
□□□□: 5:24 min/km

□□□□□: 512 (of 790)

□□□□□□: 6:52:28

□□□□□: 232(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:00	353	9:14	623	10:37	4.40	26:26	6:00	1	26:26	1	26:26
Buchlern	13.25		4:50	237	16:35	479	21:05	17.65	1:30:32	5:07	1	1:30:32	1	1:30:32
Uetliberg	6.20		6:03	169	8:22	374	11:58	23.85	2:08:06	5:22	1	2:08:06	1	2:08:06
Felsenegg	5.90		5:20	201	8:53	417	11:34	29.75	2:39:37	5:21	1	2:39:37	1	2:39:37
Buchlern	14.02		5:30	354	25:20	639	29:21	43.77	3:56:46	5:24	1	3:56:46	1	3:56:46
Hönggerberg	11.10		5:07	169	15:04	367	17:45	54.87	4:53:40	5:21	1	4:53:40	1	4:53:40
Irchel	5.10		5:42	258	9:59	509	12:19	59.97	5:22:45	5:22	1	5:22:45	1	5:22:45
Fluntern	6.34		5:28	287	10:47	541	12:52	66.31	5:57:25	5:23	1	5:57:25	1	5:57:25
Forch	11.30		4:38	38	10:53	138	13:45	77.61	6:49:50	5:16	1	6:49:50	1	6:49:50
Egg	8.75		6:08	404	20:23	696	21:37	86.36	7:43:38	5:22	1	7:43:38	1	7:43:38
Zumikon	12.99		5:44	330	21:33	615	27:42	99.35	8:58:19	5:25	1	8:58:19	1	8:58:19
Witikon	6.91		5:38	407	15:09	704	17:57	106.26	9:37:18	5:25	1	9:37:18	1	9:37:18
Fluntern	4.90		5:07	165	8:15	383	8:47	111.16	10:02:24	5:25	1	10:02:24	1	10:02:24
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:06	211	8:35	429	10:09	116.80	10:31:12	5:24	243	2:21:00	530	3:39:16