



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## wastewatertreatmentplants

□□: Ang.

□□: 479

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:33:33

□□: 10.99 km/h

□□□□: 5:25 min/km

□□□□□: 536 (of 790)

□□□□□□: 6:52:28

□□□□□: 253(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:28	208	6:52	425	8:15	4.40	24:04	5:28	1	24:04	1	24:04
Buchlern	13.25		5:04	326	19:50	603	24:20	17.65	1:31:25	5:10	1	1:31:25	1	1:31:25
Uetliberg	6.20		9:12	471	27:51	781	31:27	23.85	2:28:28	6:13	1	2:28:28	1	2:28:28
Felsenegg	5.90		5:57	367	12:34	649	15:15	29.75	3:03:40	6:10	1	3:03:40	1	3:03:40
Buchlern	14.02		5:30	352	25:19	637	29:20	43.77	4:20:48	5:57	1	4:20:48	1	4:20:48
Hönggerberg	11.10		5:19	226	17:19	454	20:00	54.87	5:19:57	5:49	1	5:19:57	1	5:19:57
Irchel	5.10		4:15	17	2:38	59	4:58	59.97	5:41:41	5:41	1	5:41:41	1	5:41:41
Fluntern	6.34		5:24	271	10:27	523	12:32	66.31	6:16:01	5:40	1	6:16:01	1	6:16:01
Forch	11.30		4:08	4	5:20	26	8:12	77.61	7:02:53	5:26	1	7:02:53	1	7:02:53
Egg	8.75		5:04	114	11:02	286	12:16	86.36	7:47:20	5:24	1	7:47:20	1	7:47:20
Zumikon	12.99		5:41	310	20:44	585	26:53	99.35	9:01:12	5:26	1	9:01:12	1	9:01:12
Witikon	6.91		4:41	175	8:35	382	11:23	106.26	9:33:37	5:23	1	9:33:37	1	9:33:37
Fluntern	4.90		5:58	356	12:27	639	12:59	111.16	10:02:55	5:25	1	10:02:55	1	10:02:55
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Irchel	5.64		5:25	310	10:25	568	11:59	116.80	10:33:33	5:25	264	2:23:21	554	3:41:37