



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Weglaufen nutzt immer noch nix

□□: Ang.

□□: 480

□□□: 9:51:10

□□: - km/h

□□□□: 5:03 min/km

Enduro E Bike

□□□□□: 242 (of 790)

□□□□□□: 6:52:28

□□□□:

□□□□□: 51(of 477)

Langsame

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:29	212	6:56	432	8:19	4.40	24:08	5:29	1	24:08	1	24:08
Buchlern	13.25		4:33	128	12:49	318	17:19	17.65	1:24:28	4:47	1	1:24:28	1	1:24:28
Uetliberg	6.20		6:28	281	10:54	531	14:30	23.85	2:04:34	5:13	1	2:04:34	1	2:04:34
Felsenegg	5.90		5:34	271	10:17	515	12:58	29.75	2:37:29	5:17	1	2:37:29	1	2:37:29
Buchlern	14.02		4:43	112	14:32	275	18:33	43.77	3:43:50	5:06	1	3:43:50	1	3:43:50
Hönggerberg	11.10		5:10	180	15:37	387	18:18	54.87	4:41:17	5:07	1	4:41:17	1	4:41:17
Irchel	5.10		5:39	241	9:43	490	12:03	59.97	5:10:06	5:10	1	5:10:06	1	5:10:06
Fluntern	6.34		5:34	313	11:26	578	13:31	66.31	5:45:25	5:12	1	5:45:25	1	5:45:25
Forch	11.30		5:16	200	18:00	416	20:52	77.61	6:44:57	5:13	1	6:44:57	1	6:44:57
Egg	8.75		4:47	47	8:33	156	9:47	86.36	7:26:55	5:10	1	7:26:55	1	7:26:55
Zumikon	12.99		4:47	63	9:03	197	15:12	99.35	8:29:06	5:07	1	8:29:06	1	8:29:06
Witikon	6.91		4:54	253	10:05	497	12:53	106.26	9:03:01	5:06	1	9:03:01	1	9:03:01
Fluntern	4.90		4:40	66	6:03	207	6:35	111.16	9:25:55	5:05	1	9:25:55	1	9:25:55
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:28	55	5:02	150	6:36	-	9:51:10	-	59	1:40:58	256	2:59:14