



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## ALSTOM HYDRO+5

□□: G\_ste  
 □□: 483

□□: 116.80 km  
 Sola-Stafette

□□□□:  
 Langsame

□□□: 10:23:32

□□: 11.24 km/h  
 □□□□: 5:20 min/km

□□□□□: 465 (of 790)

□□□□□□: 6:52:28

□□□□□: 194(of 477)

□□□□□□□: 8:43:10

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□□□□

□□□

| □□□         | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|-----------|-----------|---------------|---------|---------|-----------|-----------|
| Hönggerberg | 4.40     |          | 6:56         | 455     | 13:21   | 765       | 14:44     | 4.40      | 30:33     | 6:56          | 1       | 30:33   | 1         | 30:33     |
| Buchlern    | 13.25    |          | 5:04         | 324     | 19:46   | 600       | 24:16     | 17.65     | 1:37:50   | 5:32          | 1       | 1:37:50 | 1         | 1:37:50   |
| Uetliberg   | 6.20     |          | 5:34         | 57      | 5:19    | 168       | 8:55      | 23.85     | 2:12:21   | 5:32          | 1       | 2:12:21 | 1         | 2:12:21   |
| Felsenegg   | 5.90     |          | 4:46         | 67      | 5:35    | 176       | 8:16      | 29.75     | 2:40:34   | 5:23          | 1       | 2:40:34 | 1         | 2:40:34   |
| Buchlern    | 14.02    |          | 4:43         | 110     | 14:29   | 272       | 18:30     | 43.77     | 3:46:52   | 5:10          | 1       | 3:46:52 | 1         | 3:46:52   |
| Hönggerberg | 11.10    |          | 4:47         | 91      | 11:24   | 224       | 14:05     | 54.87     | 4:40:06   | 5:06          | 1       | 4:40:06 | 1         | 4:40:06   |
| Irchel      | 5.10     |          | 5:05         | 117     | 6:51    | 285       | 9:11      | 59.97     | 5:06:03   | 5:06          | 1       | 5:06:03 | 1         | 5:06:03   |
| Fluntern    | 6.34     |          | 5:12         | 187     | 9:06    | 411       | 11:11     | 66.31     | 5:39:02   | 5:06          | 1       | 5:39:02 | 1         | 5:39:02   |
| Forch       | 11.30    |          | 5:04         | 133     | 15:49   | 316       | 18:41     | 77.61     | 6:36:23   | 5:06          | 1       | 6:36:23 | 1         | 6:36:23   |
| Egg         | 8.75     |          | 6:39         | 445     | 24:50   | 752       | 26:04     | 86.36     | 7:34:38   | 5:15          | 1       | 7:34:38 | 1         | 7:34:38   |
| Zumikon     | 12.99    |          | 5:28         | 253     | 17:53   | 509       | 24:02     | 99.35     | 8:45:39   | 5:17          | 1       | 8:45:39 | 1         | 8:45:39   |
| Witikon     | 6.91     |          | 5:22         | 365     | 13:20   | 648       | 16:08     | 106.26    | 9:22:49   | 5:17          | 1       | 9:22:49 | 1         | 9:22:49   |
| Fluntern    | 4.90     |          | 5:33         | 257     | 10:24   | 512       | 10:56     | 111.16    | 9:50:04   | 5:18          | 1       | 9:50:04 | 1         | 9:50:04   |
| □□□         | -        | fehlt!   | -            | -       | -       | -         | -         | 111.16    | -         | -             | -       | -       | -         | -         |
| Irchel      | 5.64     |          | 5:56         | 389     | 13:15   | 686       | 14:49     | 116.80    | 10:23:32  | 5:20          | 205     | 2:13:20 | 483       | 3:31:36   |