



38. SOLA-Stafette

Zürich / 07.05.2011

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CAMION TRANSPORT

□□: G_ste

□□: 486

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:36:39

□□: 10.93 km/h

□□□□: 5:27 min/km

□□□□□: 552 (of 790)

□□□□□□: 6:52:28

□□□□□: 264(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:07	110	5:21	268	6:44	4.40	22:33	5:07	1	22:33	1	22:33
Buchlern	13.25		4:22	69	10:21	206	14:51	17.65	1:20:25	4:33	1	1:20:25	1	1:20:25
Uetliberg	6.20		9:58	474	32:41	786	36:17	23.85	2:22:18	5:57	1	2:22:18	1	2:22:18
Felsenegg	5.90		4:47	72	5:40	185	8:21	29.75	2:50:36	5:44	1	2:50:36	1	2:50:36
Buchlern	14.02		5:52	405	30:35	707	34:36	43.77	4:13:00	5:46	1	4:13:00	1	4:13:00
Hönggerberg	11.10		5:39	322	20:53	589	23:34	54.87	5:15:43	5:45	1	5:15:43	1	5:15:43
Irchel	5.10		5:40	248	9:50	498	12:10	59.97	5:44:39	5:44	1	5:44:39	1	5:44:39
Fluntern	6.34		5:48	351	12:55	637	15:00	66.31	6:21:27	5:45	1	6:21:27	1	6:21:27
Forch	11.30		5:09	159	16:46	357	19:38	77.61	7:19:45	5:39	1	7:19:45	1	7:19:45
Egg	8.75		6:02	386	19:31	676	20:45	86.36	8:12:41	5:42	1	8:12:41	1	8:12:41
Zumikon	12.99		5:19	205	16:05	434	22:14	99.35	9:21:54	5:39	1	9:21:54	1	9:21:54
Witikon	6.91		3:53	15	3:01	54	5:49	106.26	9:48:45	5:32	1	9:48:45	1	9:48:45
Fluntern	4.90		4:25	35	4:48	129	5:20	111.16	10:10:24	5:29	1	10:10:24	1	10:10:24
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Irchel	5.64		4:39	98	6:02	235	7:36	116.80	10:36:39	5:27	275	2:26:27	570	3:44:43