



38. SOLA-Stafette

Zürich / 07.05.2011

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Team ZH Nord

□□: UNI
□□: 48

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:30:01

□□: 11.05 km/h
□□□□: 5:23 min/km

□□□□□: 508 (of 790)

□□□□□□: 6:52:28

□□□□□: 229(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:59	352	9:12	621	10:35	4.40	26:24	5:59	1	26:24	1	26:24
Buchlern	13.25		4:39	166	14:15	375	18:45	17.65	1:28:10	4:59	1	1:28:10	1	1:28:10
Uetliberg	6.20		6:10	202	9:04	425	12:40	23.85	2:06:26	5:18	1	2:06:26	1	2:06:26
Felsenegg	5.90		5:55	353	12:17	633	14:58	29.75	2:41:21	5:25	1	2:41:21	1	2:41:21
Buchlern	14.02		5:02	218	18:57	451	22:58	43.77	3:52:07	5:18	1	3:52:07	1	3:52:07
Hönggerberg	11.10		5:21	233	17:35	466	20:16	54.87	4:51:32	5:18	1	4:51:32	1	4:51:32
Irchel	5.10		5:41	254	9:57	505	12:17	59.97	5:20:35	5:20	1	5:20:35	1	5:20:35
Fluntern	6.34		5:25	278	10:33	530	12:38	66.31	5:55:01	5:21	1	5:55:01	1	5:55:01
Forch	11.30		4:40	39	11:18	144	14:10	77.61	6:47:51	5:15	1	6:47:51	1	6:47:51
Egg	8.75		5:41	309	16:19	571	17:33	86.36	7:37:35	5:17	1	7:37:35	1	7:37:35
Zumikon	12.99		6:47	459	35:08	767	41:17	99.35	9:05:51	5:29	1	9:05:51	1	9:05:51
Witikon	6.91		4:18	75	5:54	191	8:42	106.26	9:35:35	5:25	1	9:35:35	1	9:35:35
Fluntern	4.90		4:05	8	3:14	54	3:46	111.16	9:55:40	5:21	1	9:55:40	1	9:55:40
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Irchel	5.64		6:05	418	14:08	721	15:42	116.80	10:30:01	5:23	240	2:19:49	526	3:38:05