



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

Team Universität Liechtenstein

□□: ausl. HS

□□: 493

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:41:24

□□: 10.85 km/h

□□□□: 5:29 min/km

□□□□□: 584 (of 790)

□□□□□□: 6:52:28

□□□□□: 294(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:23	412	10:54	709	12:17	4.40	28:06	6:23	1	28:06	1	28:06
Buchlern	13.25		4:31	118	12:30	297	17:00	17.65	1:28:07	4:59	1	1:28:07	1	1:28:07
Uetliberg	6.20		6:22	253	10:22	492	13:58	23.85	2:07:41	5:21	1	2:07:41	1	2:07:41
Felsenegg	5.90		4:11	8	2:04	32	4:45	29.75	2:32:23	5:07	1	2:32:23	1	2:32:23
Buchlern	14.02		5:42	386	28:09	678	32:10	43.77	3:52:21	5:18	1	3:52:21	1	3:52:21
Hönggerberg	11.10		5:52	376	23:28	659	26:09	54.87	4:57:39	5:25	1	4:57:39	1	4:57:39
Irchel	5.10		6:35	413	14:33	712	16:53	59.97	5:31:18	5:31	1	5:31:18	1	5:31:18
Fluntern	6.34		6:06	404	14:49	700	16:54	66.31	6:10:00	5:34	1	6:10:00	1	6:10:00
Forch	11.30		5:24	244	19:34	483	22:26	77.61	7:11:06	5:33	1	7:11:06	1	7:11:06
Egg	8.75		5:13	149	12:19	341	13:33	86.36	7:56:50	5:31	1	7:56:50	1	7:56:50
Zumikon	12.99		5:09	152	13:46	356	19:55	99.35	9:03:44	5:28	1	9:03:44	1	9:03:44
Witikon	6.91		4:52	237	9:51	474	12:39	106.26	9:37:25	5:26	1	9:37:25	1	9:37:25
Fluntern	4.90		6:05	378	12:59	666	13:31	111.16	10:07:15	5:27	1	10:07:15	1	10:07:15
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		6:03	412	13:56	715	15:30	116.80	10:41:24	5:29	305	2:31:12	602	3:49:28