



38. SOLA-Stafette

Zürich / 07.05.2011

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Arabidopers

□□: UNI
□□: 495

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:35:44

□□: 11.02 km/h
□□□□: 5:26 min/km

□□□□□: 549 (of 790)

□□□□□□: 6:52:28

□□□□□: 262(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:18	160	6:11	343	7:34	4.40	23:23	5:18	1	23:23	1	23:23
Buchlern	13.25		4:32	121	12:35	303	17:05	17.65	1:23:29	4:43	1	1:23:29	1	1:23:29
Uetliberg	6.20		6:31	295	11:15	552	14:51	23.85	2:03:56	5:11	1	2:03:56	1	2:03:56
Felsenegg	5.90		5:52	342	11:59	615	14:40	29.75	2:38:33	5:19	1	2:38:33	1	2:38:33
Buchlern	14.02		4:48	137	15:41	311	19:42	43.77	3:46:03	5:09	1	3:46:03	1	3:46:03
Hönggerberg	11.10		5:43	339	21:42	612	24:23	54.87	4:49:35	5:16	1	4:49:35	1	4:49:35
Irchel	5.10		6:02	333	11:42	614	14:02	59.97	5:20:23	5:20	1	5:20:23	1	5:20:23
Fluntern	6.34		6:31	444	17:26	749	19:31	66.31	6:01:42	5:27	1	6:01:42	1	6:01:42
Forch	11.30		5:55	378	25:23	674	28:15	77.61	7:08:37	5:31	1	7:08:37	1	7:08:37
Egg	8.75		5:13	150	12:20	344	13:34	86.36	7:54:22	5:29	1	7:54:22	1	7:54:22
Zumikon	12.99		5:44	329	21:32	614	27:41	99.35	9:09:02	5:31	1	9:09:02	1	9:09:02
Witikon	6.91		4:37	151	8:09	348	10:57	106.26	9:41:01	5:28	1	9:41:01	1	9:41:01
Fluntern	4.90		5:33	254	10:21	509	10:53	111.16	10:08:13	5:28	1	10:08:13	1	10:08:13
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Irchel	5.64		4:52	150	7:18	329	8:52	116.80	10:35:44	5:26	273	2:25:32	567	3:43:48