



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Achilles und die Schildkröten

□□: UNI

□□: 505

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:08:46

□□: 11.51 km/h

□□□□: 5:15 min/km

□□□□□: 367 (of 790)

□□□□□□: 6:52:28

□□□□□: 246(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	
Hönggerberg	4.40	6:33	303	13:03	733	13:03	4.40	28:52	6:33	1	28:52	1	28:52
Buchlern	13.25	5:20	291	27:47	684	27:47	17.65	1:39:40	5:38	1	1:39:40	1	1:39:40
Uetliberg	6.20	5:49	163	10:31	266	10:31	23.85	2:15:47	5:41	1	2:15:47	1	2:15:47
Felsenegg	5.90	6:35	305	18:55	741	18:55	29.75	2:54:39	5:52	1	2:54:39	1	2:54:39
Buchlern	14.02	5:26	281	28:28	618	28:28	43.77	4:10:55	5:43	1	4:10:55	1	4:10:55
Hönggerberg	11.10	4:43	119	13:23	190	13:23	54.87	5:03:27	5:31	1	5:03:27	1	5:03:27
Irchel	5.10	4:17	47	5:09	65	5:09	59.97	5:25:22	5:25	1	5:25:22	1	5:25:22
Fluntern	6.34	4:06	25	4:15	28	4:15	66.31	5:51:25	5:17	1	5:51:25	1	5:51:25
Forch	11.30	4:37	96	13:32	132	13:32	77.61	6:43:37	5:12	1	6:43:37	1	6:43:37
Egg	8.75	4:34	72	7:53	90	7:53	86.36	7:23:41	5:08	1	7:23:41	1	7:23:41
Zumikon	12.99	5:11	211	20:29	372	20:29	99.35	8:31:09	5:08	1	8:31:09	1	8:31:09
Witikon	6.91	5:27	286	16:42	669	16:42	106.26	9:08:53	5:09	1	9:08:53	1	9:08:53
Fluntern	4.90	5:21	248	9:58	464	9:58	111.16	9:35:10	5:10	1	9:35:10	1	9:35:10
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Irchel	5.64	5:57	299	14:57	690	14:57	116.80	10:08:46	5:12	252	3:16:50	384	3:16:50