



38. SOLA-Stafette

Zürich / 07.05.2011

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NLZ Zürich

□□: UNI
□□: 512

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 7:15:30

□□: 15.98 km/h
□□□□: 3:45 min/km

□□□□□: 5 (of 790)

□□□□□□: 6:52:28

□□□□□: 5(of 313)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		3:54	7	1:21	7	1:21	4.40	17:10	3:54	1	17:10	1	17:10
Buchlern	13.25		3:29	5	3:21	5	3:21	17.65	1:03:32	3:35	1	1:03:32	1	1:03:32
Uetliberg	6.20		4:38	8	3:10	8	3:10	23.85	1:32:18	3:52	1	1:32:18	1	1:32:18
Felsenegg	5.90		3:42	6	1:56	6	1:56	29.75	1:54:11	3:50	1	1:54:11	1	1:54:11
Buchlern	14.02		3:31	4	1:44	4	1:44	43.77	2:43:43	3:44	1	2:43:43	1	2:43:43
Hönggerberg	11.10		3:48	8	3:04	9	3:04	54.87	3:25:56	3:45	1	3:25:56	1	3:25:56
Irchel	5.10		4:04	29	4:02	37	4:02	59.97	3:46:44	3:46	1	3:46:44	1	3:46:44
Fluntern	6.34		3:35	5	1:01	5	1:01	66.31	4:09:33	3:45	1	4:09:33	1	4:09:33
Forch	11.30		3:47	8	4:09	10	4:09	77.61	4:52:22	3:46	1	4:52:22	1	4:52:22
Egg	8.75		3:55	5	2:08	6	2:08	86.36	5:26:41	3:46	1	5:26:41	1	5:26:41
Zumikon	12.99		3:57	12	4:25	12	4:25	99.35	6:18:05	3:48	1	6:18:05	1	6:18:05
Witikon	6.91		3:08	3	0:40	3	0:40	106.26	6:39:47	3:45	1	6:39:47	1	6:39:47
Fluntern	4.90		3:28	5	0:44	7	0:44	111.16	6:56:50	3:44	1	6:56:50	1	6:56:50
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Irchel	5.64		3:18	2	0:01	2	0:01	116.80	7:15:30	3:43	6	23:34	6	23:34