



38. SOLA-Stafette

Zürich / 07.05.2011

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The Daimunds

□□: UNI

□□: 50

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:58:52

□□: 10.56 km/h

□□□□: 5:38 min/km

□□□□□: 666 (of 790)

□□□□□□: 6:52:28

□□□□□: 370(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:25	195	6:41	405	8:04	4.40	23:53	5:25	1	23:53	1	23:53
Buchlern	13.25		4:34	135	13:01	327	17:31	17.65	1:24:25	4:46	1	1:24:25	1	1:24:25
Uetliberg	6.20		7:00	378	14:17	669	17:53	23.85	2:07:54	5:21	1	2:07:54	1	2:07:54
Felsenegg	5.90		6:02	380	13:00	667	15:41	29.75	2:43:32	5:29	1	2:43:32	1	2:43:32
Buchlern	14.02		5:36	369	26:43	657	30:44	43.77	4:02:04	5:31	1	4:02:04	1	4:02:04
Hönggerberg	11.10		5:43	338	21:41	611	24:22	54.87	5:05:35	5:34	1	5:05:35	1	5:05:35
Irchel	5.10		6:55	445	16:15	745	18:35	59.97	5:40:56	5:41	1	5:40:56	1	5:40:56
Fluntern	6.34		5:09	172	8:51	383	10:56	66.31	6:13:40	5:38	1	6:13:40	1	6:13:40
Forch	11.30		5:25	247	19:43	489	22:35	77.61	7:14:55	5:36	1	7:14:55	1	7:14:55
Egg	8.75		6:06	395	19:59	686	21:13	86.36	8:08:19	5:39	1	8:08:19	1	8:08:19
Zumikon	12.99		5:59	387	24:46	687	30:55	99.35	9:26:13	5:41	1	9:26:13	1	9:26:13
Witikon	6.91		4:14	58	5:29	159	8:17	106.26	9:55:32	5:36	1	9:55:32	1	9:55:32
Fluntern	4.90		6:17	402	13:59	697	14:31	111.16	10:26:22	5:38	1	10:26:22	1	10:26:22
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:45	371	12:17	657	13:51	116.80	10:58:52	5:38	382	2:48:40	685	4:06:56