



38. SOLA-Stafette

Zürich / 07.05.2011

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Specia che rivi

□□: UNI

□□: 518

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:45:13

□□: 11.89 km/h

□□□□: 5:03 min/km

□□□□□: 209 (of 790)

□□□□□□: 6:52:28

□□□□□: 179(of 313)

□□□□□□□: 6:52:28

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ | □□ | □□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|---------|------|-----|---------|-----|---------|----|----|
| Hönggerberg | 4.40 | | 5:11 | 169 | 7:02 | 302 | 7:02 | 4.40 | 22:51 | 5:11 | 1 | 22:51 | 1 | 22:51 | | |
| Buchlern | 13.25 | | 5:01 | 270 | 23:39 | 582 | 23:39 | 17.65 | 1:29:31 | 5:04 | 1 | 1:29:31 | 1 | 1:29:31 | | |
| Uetliberg | 6.20 | | 6:17 | 234 | 13:26 | 467 | 13:26 | 23.85 | 2:08:33 | 5:23 | 1 | 2:08:33 | 1 | 2:08:33 | | |
| Felsenegg | 5.90 | | 4:39 | 86 | 7:34 | 130 | 7:34 | 29.75 | 2:36:04 | 5:14 | 1 | 2:36:04 | 1 | 2:36:04 | | |
| Buchlern | 14.02 | | 4:55 | 209 | 21:12 | 384 | 21:12 | 43.77 | 3:45:04 | 5:08 | 1 | 3:45:04 | 1 | 3:45:04 | | |
| Hönggerberg | 11.10 | | 5:50 | 282 | 25:45 | 648 | 25:45 | 54.87 | 4:49:58 | 5:17 | 1 | 4:49:58 | 1 | 4:49:58 | | |
| Irchel | 5.10 | | 5:38 | 248 | 11:58 | 486 | 11:58 | 59.97 | 5:18:42 | 5:18 | 1 | 5:18:42 | 1 | 5:18:42 | | |
| Fluntern | 6.34 | | 4:53 | 152 | 9:15 | 246 | 9:15 | 66.31 | 5:49:45 | 5:16 | 1 | 5:49:45 | 1 | 5:49:45 | | |
| Forch | 11.30 | | 4:12 | 28 | 8:49 | 36 | 8:49 | 77.61 | 6:37:14 | 5:07 | 1 | 6:37:14 | 1 | 6:37:14 | | |
| Egg | 8.75 | | 4:41 | 87 | 8:52 | 114 | 8:52 | 86.36 | 7:18:17 | 5:04 | 1 | 7:18:17 | 1 | 7:18:17 | | |
| Zumikon | 12.99 | | 5:21 | 236 | 22:35 | 450 | 22:35 | 99.35 | 8:27:51 | 5:06 | 1 | 8:27:51 | 1 | 8:27:51 | | |
| Witikon | 6.91 | | 4:14 | 103 | 8:19 | 162 | 8:19 | 106.26 | 8:57:12 | 5:03 | 1 | 8:57:12 | 1 | 8:57:12 | | |
| Fluntern | 4.90 | | 5:28 | 253 | 10:32 | 489 | 10:32 | 111.16 | 9:24:03 | 5:04 | 1 | 9:24:03 | 1 | 9:24:03 | | |
| □□□ | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - | - | - |
| Irchel | 5.64 | | 3:45 | 21 | 2:31 | 24 | 2:31 | 116.80 | 9:45:13 | 5:00 | 184 | 2:53:17 | 220 | 2:53:17 | | |