



38. SOLA-Stafette

Zürich / 07.05.2011

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the running gags

□□: UNI

□□: 523

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:13:40

□□: 11.42 km/h

□□□□: 5:18 min/km

□□□□□: 394 (of 790)

□□□□□□: 6:52:28

□□□□□: 253(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:57	118	6:01	192	6:01	4.40	21:50	4:57	1	21:50	1	21:50
Buchlern	13.25		3:33	8	4:12	8	4:12	17.65	1:09:03	3:54	1	1:09:03	1	1:09:03
Uetliberg	6.20		6:20	237	13:43	481	13:43	23.85	1:48:22	4:32	1	1:48:22	1	1:48:22
Felsenegg	5.90		5:02	166	9:45	290	9:45	29.75	2:18:04	4:38	1	2:18:04	1	2:18:04
Buchlern	14.02		5:53	303	34:52	709	34:52	43.77	3:40:44	5:02	1	3:40:44	1	3:40:44
Hönggerberg	11.10		6:17	299	30:37	725	30:37	54.87	4:50:30	5:17	1	4:50:30	1	4:50:30
Irchel	5.10		5:00	158	8:47	265	8:47	59.97	5:16:03	5:16	1	5:16:03	1	5:16:03
Fluntern	6.34		5:04	194	10:24	338	10:24	66.31	5:48:15	5:15	1	5:48:15	1	5:48:15
Forch	11.30		4:38	99	13:42	136	13:42	77.61	6:40:37	5:09	1	6:40:37	1	6:40:37
Egg	8.75		6:14	297	22:23	712	22:23	86.36	7:35:11	5:16	1	7:35:11	1	7:35:11
Zumikon	12.99		5:55	296	30:02	672	30:02	99.35	8:52:12	5:21	1	8:52:12	1	8:52:12
Witikon	6.91		5:03	255	13:52	551	13:52	106.26	9:27:06	5:20	1	9:27:06	1	9:27:06
Fluntern	4.90		4:22	90	5:09	122	5:09	111.16	9:48:34	5:17	1	9:48:34	1	9:48:34
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Irchel	5.64		4:27	85	6:27	135	6:27	116.80	10:13:40	5:15	259	3:21:44	411	3:21:44