



# 38. SOLA-Stafette

Zürich / 07.05.2011

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the running gags

□□: UNI  
□□: 523

□□: 116.80 km  
Sola-Stafette

□□□□:  
Schnelle

□□□: 10:13:40

□□: 11.34 km/h  
□□□□: 5:18 min/km

□□□□□: 394 (of 790)

□□□□□□: 6:52:28

□□□□□: 253(of 313)

□□□□□□□: 6:52:28

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| □□□         | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|-----------|-----------|---------------|---------|---------|-----------|-----------|
| Hönggerberg | 4.40     |          | 4:57         | 118     | 6:01    | 192       | 6:01      | 4.40      | 21:50     | 4:57          | 1       | 21:50   | 1         | 21:50     |
| Buchlern    | 13.25    |          | 3:33         | 8       | 4:12    | 8         | 4:12      | 17.65     | 1:09:03   | 3:54          | 1       | 1:09:03 | 1         | 1:09:03   |
| Uetliberg   | 6.20     |          | 6:20         | 237     | 13:43   | 481       | 13:43     | 23.85     | 1:48:22   | 4:32          | 1       | 1:48:22 | 1         | 1:48:22   |
| Felsenegg   | 5.90     |          | 5:02         | 166     | 9:45    | 290       | 9:45      | 29.75     | 2:18:04   | 4:38          | 1       | 2:18:04 | 1         | 2:18:04   |
| Buchlern    | 14.02    |          | 5:53         | 303     | 34:52   | 709       | 34:52     | 43.77     | 3:40:44   | 5:02          | 1       | 3:40:44 | 1         | 3:40:44   |
| Hönggerberg | 11.10    |          | 6:17         | 299     | 30:37   | 725       | 30:37     | 54.87     | 4:50:30   | 5:17          | 1       | 4:50:30 | 1         | 4:50:30   |
| Irchel      | 5.10     |          | 5:00         | 158     | 8:47    | 265       | 8:47      | 59.97     | 5:16:03   | 5:16          | 1       | 5:16:03 | 1         | 5:16:03   |
| Fluntern    | 6.34     |          | 5:04         | 194     | 10:24   | 338       | 10:24     | 66.31     | 5:48:15   | 5:15          | 1       | 5:48:15 | 1         | 5:48:15   |
| Forch       | 11.30    |          | 4:38         | 99      | 13:42   | 136       | 13:42     | 77.61     | 6:40:37   | 5:09          | 1       | 6:40:37 | 1         | 6:40:37   |
| Egg         | 8.75     |          | 6:14         | 297     | 22:23   | 712       | 22:23     | 86.36     | 7:35:11   | 5:16          | 1       | 7:35:11 | 1         | 7:35:11   |
| Zumikon     | 12.99    |          | 5:55         | 296     | 30:02   | 672       | 30:02     | 99.35     | 8:52:12   | 5:21          | 1       | 8:52:12 | 1         | 8:52:12   |
| Witikon     | 6.91     |          | 5:03         | 255     | 13:52   | 551       | 13:52     | 106.26    | 9:27:06   | 5:20          | 1       | 9:27:06 | 1         | 9:27:06   |
| Fluntern    | 4.90     |          | 4:22         | 90      | 5:09    | 122       | 5:09      | 111.16    | 9:48:34   | 5:17          | 1       | 9:48:34 | 1         | 9:48:34   |
| □□□         | -        | fehlt!   | -            | -       | -       | -         | -         | 111.16    | -         | -             | -       | -       | -         | -         |
| Irchel      | 5.64     |          | 4:27         | 85      | 6:27    | 135       | 6:27      | 116.80    | 10:13:40  | 5:15          | 259     | 3:21:44 | 411       | 3:21:44   |