



38. SOLA-Stafette

Zürich / 07.05.2011

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Alpähis

□□: ETH
□□: 526

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 10:23:38

□□: 11.24 km/h
□□□□: 5:23 min/km

□□□□□: 467 (of 790)

□□□□□□: 6:52:28

□□□□□: 272(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:38	69	4:36	103	4:36	4.40	20:25	4:38	1	20:25	1	20:25
Buchlern	13.25		3:40	17	5:34	19	5:34	17.65	1:09:00	3:54	1	1:09:00	1	1:09:00
Uetliberg	6.20		5:16	61	7:06	87	7:06	23.85	1:41:42	4:15	1	1:41:42	1	1:41:42
Felsenegg	5.90		5:02	169	9:49	297	9:49	29.75	2:11:28	4:25	1	2:11:28	1	2:11:28
Buchlern	14.02		5:41	291	31:58	671	31:58	43.77	3:31:14	4:49	1	3:31:14	1	3:31:14
Hönggerberg	11.10		6:10	293	29:20	711	29:20	54.87	4:39:43	5:05	1	4:39:43	1	4:39:43
Irchel	5.10		7:02	303	19:08	749	19:08	59.97	5:15:37	5:15	1	5:15:37	1	5:15:37
Fluntern	6.34		5:36	270	13:44	591	13:44	66.31	5:51:09	5:17	1	5:51:09	1	5:51:09
Forch	11.30		4:38	102	13:52	140	13:52	77.61	6:43:41	5:12	1	6:43:41	1	6:43:41
Egg	8.75		6:13	296	22:14	709	22:14	86.36	7:38:06	5:18	1	7:38:06	1	7:38:06
Zumikon	12.99		5:32	266	24:59	545	24:59	99.35	8:50:04	5:20	1	8:50:04	1	8:50:04
Witikon	6.91		4:46	226	11:58	430	11:58	106.26	9:23:04	5:17	1	9:23:04	1	9:23:04
Fluntern	4.90		6:22	300	14:54	718	14:54	111.16	9:54:17	5:20	1	9:54:17	1	9:54:17
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Irchel	5.64		5:12	233	10:42	475	10:42	116.80	10:23:38	5:20	279	3:31:42	484	3:31:42