



38. SOLA-Stafette

Zürich / 07.05.2011

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Crazy Heads

□□: ETH

□□: 534

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:05:14

□□: 11.50 km/h

□□□□: 5:13 min/km

□□□□□: 341 (of 790)

□□□□□□: 6:52:28

□□□□□: 235(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:03	15	2:02	17	2:02	4.40	17:51	4:03	1	17:51	1	17:51
Buchlern	13.25		4:31	175	16:52	291	16:52	17.65	1:17:44	4:24	1	1:17:44	1	1:17:44
Uetliberg	6.20		7:41	303	22:08	741	22:08	23.85	2:05:28	5:15	1	2:05:28	1	2:05:28
Felsenegg	5.90		6:11	293	16:34	701	16:34	29.75	2:41:59	5:26	1	2:41:59	1	2:41:59
Buchlern	14.02		5:04	236	23:18	463	23:18	43.77	3:53:05	5:19	1	3:53:05	1	3:53:05
Hönggerberg	11.10		4:58	166	16:05	293	16:05	54.87	4:48:19	5:15	1	4:48:19	1	4:48:19
Irchel	5.10		4:35	79	6:39	118	6:39	59.97	5:11:44	5:11	1	5:11:44	1	5:11:44
Fluntern	6.34		5:03	186	10:14	324	10:14	66.31	5:43:46	5:11	1	5:43:46	1	5:43:46
Forch	11.30		4:50	133	16:01	197	16:01	77.61	6:38:27	5:08	1	6:38:27	1	6:38:27
Egg	8.75		5:12	190	13:21	331	13:21	86.36	7:23:59	5:08	1	7:23:59	1	7:23:59
Zumikon	12.99		5:15	221	21:13	402	21:13	99.35	8:32:11	5:09	1	8:32:11	1	8:32:11
Witikon	6.91		4:01	62	6:49	87	6:49	106.26	9:00:02	5:04	1	9:00:02	1	9:00:02
Fluntern	4.90		7:45	312	21:40	786	21:40	111.16	9:38:01	5:11	1	9:38:01	1	9:38:01
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Irchel	5.64		4:49	167	8:34	305	8:34	116.80	10:05:14	5:10	241	3:13:18	357	3:13:18