



38. SOLA-Stafette

Zürich / 07.05.2011

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IDSC

□□: ETH

□□: 540

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 11:11:02

□□: 10.37 km/h

□□□□: 5:47 min/km

□□□□□: 712 (of 790)

□□□□□□: 6:52:28

□□□□□: 302(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:39	307	13:28	742	13:28	4.40	29:17	6:39	1	29:17	1	29:17
Buchlern	13.25		4:47	235	20:22	455	20:22	17.65	1:32:40	5:15	1	1:32:40	1	1:32:40
Uetliberg	6.20		5:19	67	7:24	95	7:24	23.85	2:05:40	5:16	1	2:05:40	1	2:05:40
Felsenegg	5.90		7:19	312	23:15	773	23:15	29.75	2:48:52	5:40	1	2:48:52	1	2:48:52
Buchlern	14.02		4:18	84	12:41	115	12:41	43.77	3:49:21	5:14	1	3:49:21	1	3:49:21
Hönggerberg	11.10		8:09	312	51:22	783	51:22	54.87	5:19:52	5:49	1	5:19:52	1	5:19:52
Irchel	5.10		6:19	293	15:27	662	15:27	59.97	5:52:05	5:52	1	5:52:05	1	5:52:05
Fluntern	6.34		5:58	288	16:04	669	16:04	66.31	6:29:57	5:52	1	6:29:57	1	6:29:57
Forch	11.30		6:35	310	35:54	757	35:54	77.61	7:44:31	5:59	1	7:44:31	1	7:44:31
Egg	8.75		6:03	291	20:48	677	20:48	86.36	8:37:30	5:59	1	8:37:30	1	8:37:30
Zumikon	12.99		4:58	172	17:40	267	17:40	99.35	9:42:09	5:51	1	9:42:09	1	9:42:09
Witikon	6.91		5:20	280	15:50	636	15:50	106.26	10:19:01	5:49	1	10:19:01	1	10:19:01
Fluntern	4.90		4:46	162	7:04	239	7:04	111.16	10:42:24	5:46	1	10:42:24	1	10:42:24
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:04	210	9:59	416	9:59	116.80	11:11:02	5:44	310	4:19:06	732	4:19:06