



38. SOLA-Stafette

Zürich / 07.05.2011

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MechaWalk

□□: ETH

□□: 544

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:39:38

□□: 12.09 km/h

□□□□: 5:00 min/km

□□□□□: 184 (of 790)

□□□□□□: 6:52:28

□□□□□: 161 (of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:26	46	3:44	59	3:44	4.40	19:33	4:26	1	19:33	1	19:33
Buchlern	13.25		4:29	164	16:27	265	16:27	17.65	1:19:01	4:28	1	1:19:01	1	1:19:01
Uetliberg	6.20		5:47	160	10:21	261	10:21	23.85	1:54:58	4:49	1	1:54:58	1	1:54:58
Felsenegg	5.90		5:09	187	10:28	337	10:28	29.75	2:25:23	4:53	1	2:25:23	1	2:25:23
Buchlern	14.02		4:57	219	21:45	405	21:45	43.77	3:34:56	4:54	1	3:34:56	1	3:34:56
Hönggerberg	11.10		4:48	137	14:15	232	14:15	54.87	4:28:20	4:53	1	4:28:20	1	4:28:20
Irchel	5.10		5:23	216	10:44	405	10:44	59.97	4:55:50	4:55	1	4:55:50	1	4:55:50
Fluntern	6.34		4:49	134	8:49	210	8:49	66.31	5:26:27	4:55	1	5:26:27	1	5:26:27
Forch	11.30		5:29	252	23:20	521	23:20	77.61	6:28:27	5:00	1	6:28:27	1	6:28:27
Egg	8.75		4:51	123	10:23	186	10:23	86.36	7:11:01	4:59	1	7:11:01	1	7:11:01
Zumikon	12.99		5:03	192	18:48	317	18:48	99.35	8:16:48	5:00	1	8:16:48	1	8:16:48
Witikon	6.91		4:44	218	11:43	411	11:43	106.26	8:49:33	4:59	1	8:49:33	1	8:49:33
Fluntern	4.90		4:56	191	7:55	307	7:55	111.16	9:13:47	4:58	1	9:13:47	1	9:13:47
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:35	121	7:12	203	7:12	116.80	9:39:38	4:57	165	2:47:42	194	2:47:42