



38. SOLA-Stafette

Zürich / 07.05.2011

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PC-Fräser

□□: ETH
□□: 548

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 8:27:40

□□: 13.71 km/h
□□□□: 4:23 min/km

□□□□□: 30 (of 790)

□□□□□□: 6:52:28

□□□□□: 30(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:12	173	7:05	308	7:05	4.40	22:54	5:12	1	22:54	1	22:54
Buchlern	13.25		3:57	51	9:30	60	9:30	17.65	1:15:25	4:16	1	1:15:25	1	1:15:25
Uetliberg	6.20		5:26	86	8:08	126	8:08	23.85	1:49:09	4:34	1	1:49:09	1	1:49:09
Felsenegg	5.90		4:49	123	8:33	199	8:33	29.75	2:17:39	4:37	1	2:17:39	1	2:17:39
Buchlern	14.02		3:56	25	7:31	29	7:31	43.77	3:12:58	4:24	1	3:12:58	1	3:12:58
Hönggerberg	11.10		4:22	43	9:22	67	9:22	54.87	4:01:29	4:24	1	4:01:29	1	4:01:29
Irchel	5.10		4:41	105	7:11	163	7:11	59.97	4:25:26	4:25	1	4:25:26	1	4:25:26
Fluntern	6.34		4:27	70	6:26	95	6:26	66.31	4:53:40	4:25	1	4:53:40	1	4:53:40
Forch	11.30		4:31	74	12:26	102	12:26	77.61	5:44:46	4:26	1	5:44:46	1	5:44:46
Egg	8.75		4:10	24	4:23	29	4:23	86.36	6:21:20	4:24	1	6:21:20	1	6:21:20
Zumikon	12.99		4:18	44	8:55	53	8:55	99.35	7:17:14	4:24	1	7:17:14	1	7:17:14
Witikon	6.91		3:59	56	6:33	78	6:33	106.26	7:44:49	4:22	1	7:44:49	1	7:44:49
Fluntern	4.90		3:49	22	2:25	27	2:25	111.16	8:03:33	4:21	1	8:03:33	1	8:03:33
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Irchel	5.64		4:16	59	5:28	87	5:28	116.80	8:27:40	4:20	31	1:35:44	33	1:35:44