



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## SoLaTiDos

□□: ETH

□□: 553

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:33:32

□□: 11.06 km/h

□□□□: 5:28 min/km

□□□□□: 535 (of 790)

□□□□□□: 6:52:28

□□□□□: 283(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		9:18	313	25:09	788	25:09	4.40	40:58	9:18	1	40:58	1	40:58
Buchlern	13.25		4:09	85	12:04	111	12:04	17.65	1:36:03	5:26	1	1:36:03	1	1:36:03
Uetliberg	6.20		5:35	120	9:06	183	9:06	23.85	2:10:45	5:28	1	2:10:45	1	2:10:45
Felsenegg	5.90		4:45	106	8:10	171	8:10	29.75	2:38:52	5:20	1	2:38:52	1	2:38:52
Buchlern	14.02		6:12	307	39:12	753	39:12	43.77	4:05:52	5:37	1	4:05:52	1	4:05:52
Hönggerberg	11.10		5:46	278	24:59	634	24:59	54.87	5:10:00	5:38	1	5:10:00	1	5:10:00
Irchel	5.10		4:47	119	7:39	189	7:39	59.97	5:34:25	5:34	1	5:34:25	1	5:34:25
Fluntern	6.34		4:55	157	9:23	255	9:23	66.31	6:05:36	5:30	1	6:05:36	1	6:05:36
Forch	11.30		5:15	214	20:46	409	20:46	77.61	7:05:02	5:28	1	7:05:02	1	7:05:02
Egg	8.75		5:20	218	14:33	419	14:33	86.36	7:51:46	5:27	1	7:51:46	1	7:51:46
Zumikon	12.99		5:26	254	23:42	499	23:42	99.35	9:02:27	5:27	1	9:02:27	1	9:02:27
Witikon	6.91		5:45	302	18:43	717	18:43	106.26	9:42:12	5:28	1	9:42:12	1	9:42:12
Fluntern	4.90		5:20	247	9:51	457	9:51	111.16	10:08:22	5:28	1	10:08:22	1	10:08:22
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Irchel	5.64		4:27	91	6:31	144	6:31	116.80	10:33:32	5:25	290	3:41:36	553	3:41:36