



38. SOLA-Stafette

Zürich / 07.05.2011

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sosolala 6

□□: ETH
□□: 555

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 8:07:08

□□: 14.29 km/h
□□□□: 4:12 min/km

□□□□□: 18 (of 790)

□□□□□□: 6:52:28

□□□□□: 18(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:25	43	3:39	55	3:39	4.40	19:28	4:25	1	19:28	1	19:28
Buchlern	13.25		3:50	29	7:50	34	7:50	17.65	1:10:19	3:59	1	1:10:19	1	1:10:19
Uetliberg	6.20		5:14	59	6:55	83	6:55	23.85	1:42:50	4:18	1	1:42:50	1	1:42:50
Felsenegg	5.90		4:15	35	5:09	44	5:09	29.75	2:07:56	4:18	1	2:07:56	1	2:07:56
Buchlern	14.02		3:57	27	7:37	31	7:37	43.77	3:03:21	4:11	1	3:03:21	1	3:03:21
Hönggerberg	11.10		3:49	10	3:21	11	3:21	54.87	3:45:51	4:06	1	3:45:51	1	3:45:51
Irchel	5.10		3:50	13	2:50	14	2:50	59.97	4:05:27	4:05	1	4:05:27	1	4:05:27
Fluntern	6.34		4:14	35	5:04	47	5:04	66.31	4:32:19	4:06	1	4:32:19	1	4:32:19
Forch	11.30		4:21	48	10:32	62	10:32	77.61	5:21:31	4:08	1	5:21:31	1	5:21:31
Egg	8.75		4:54	131	10:47	201	10:47	86.36	6:04:29	4:13	1	6:04:29	1	6:04:29
Zumikon	12.99		4:03	20	5:39	20	5:39	99.35	6:57:07	4:11	1	6:57:07	1	6:57:07
Witikon	6.91		3:40	25	4:21	29	4:21	106.26	7:22:30	4:09	1	7:22:30	1	7:22:30
Fluntern	4.90		4:17	73	4:44	99	4:44	111.16	7:43:33	4:10	1	7:43:33	1	7:43:33
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Irchel	5.64		4:10	48	4:56	65	4:56	116.80	8:07:08	4:10	19	1:15:12	19	1:15:12