



38. SOLA-Stafette

Zürich / 07.05.2011

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Zürich Energizers

□□: ETH
□□: 563

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 10:15:36

□□: 11.31 km/h
□□□□: 5:19 min/km

□□□□□: 407 (of 790)

□□□□□□: 6:52:28

□□□□□: 258(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		7:12	311	15:55	771	15:55	4.40	31:44	7:12	1	31:44	1	31:44
Buchlern	13.25		5:34	299	30:53	732	30:53	17.65	1:45:38	5:59	1	1:45:38	1	1:45:38
Uetliberg	6.20		6:13	228	13:01	446	13:01	23.85	2:24:15	6:02	1	2:24:15	1	2:24:15
Felsenegg	5.90		4:41	89	7:42	137	7:42	29.75	2:51:54	5:46	1	2:51:54	1	2:51:54
Buchlern	14.02		5:12	255	25:09	521	25:09	43.77	4:04:51	5:35	1	4:04:51	1	4:04:51
Hönggerberg	11.10		4:37	93	12:13	148	12:13	54.87	4:56:13	5:23	1	4:56:13	1	4:56:13
Irchel	5.10		4:52	135	8:07	221	8:07	59.97	5:21:06	5:21	1	5:21:06	1	5:21:06
Fluntern	6.34		5:35	267	13:39	585	13:39	66.31	5:56:33	5:22	1	5:56:33	1	5:56:33
Forch	11.30		5:34	268	24:22	563	24:22	77.61	6:59:35	5:24	1	6:59:35	1	6:59:35
Egg	8.75		5:12	190	13:21	331	13:21	86.36	7:45:07	5:23	1	7:45:07	1	7:45:07
Zumikon	12.99		5:31	263	24:46	536	24:46	99.35	8:56:52	5:24	1	8:56:52	1	8:56:52
Witikon	6.91		4:36	195	10:52	339	10:52	106.26	9:28:46	5:21	1	9:28:46	1	9:28:46
Fluntern	4.90		5:00	199	8:11	332	8:11	111.16	9:53:16	5:20	1	9:53:16	1	9:53:16
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Irchel	5.64		3:57	32	3:41	37	3:41	116.80	10:15:36	5:16	264	3:23:40	424	3:23:40