



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

ABB ATE Allstars

□□: Alumni

□□: 571

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:26:51

□□: 12.36 km/h

□□□□: 4:53 min/km

□□□□□: 129 (of 790)

□□□□□□: 6:52:28

□□□□□: 120(of 313)

□□□□□□□: 6:52:28

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:32	230	8:34	454	8:34	4.40	24:23	5:32	1	24:23	1	24:23
Buchlern	13.25		4:17	118	13:51	170	13:51	17.65	1:21:15	4:36	1	1:21:15	1	1:21:15
Uetliberg	6.20		6:28	252	14:34	534	14:34	23.85	2:01:25	5:05	1	2:01:25	1	2:01:25
Felsenegg	5.90		5:49	268	14:28	599	14:28	29.75	2:35:50	5:14	1	2:35:50	1	2:35:50
Buchlern	14.02		4:39	150	17:26	238	17:26	43.77	3:41:04	5:03	1	3:41:04	1	3:41:04
Hönggerberg	11.10		4:57	161	15:56	283	15:56	54.87	4:36:09	5:01	1	4:36:09	1	4:36:09
Irchel	5.10		5:09	176	9:33	311	9:33	59.97	5:02:28	5:02	1	5:02:28	1	5:02:28
Fluntern	6.34		4:54	156	9:21	253	9:21	66.31	5:33:37	5:01	1	5:33:37	1	5:33:37
Forch	11.30		4:28	65	11:55	89	11:55	77.61	6:24:12	4:57	1	6:24:12	1	6:24:12
Egg	8.75		5:45	276	18:11	603	18:11	86.36	7:14:34	5:01	1	7:14:34	1	7:14:34
Zumikon	12.99		4:08	26	6:50	27	6:50	99.35	8:08:23	4:54	1	8:08:23	1	8:08:23
Witikon	6.91		3:54	43	5:59	60	5:59	106.26	8:35:24	4:51	1	8:35:24	1	8:35:24
Fluntern	4.90		5:17	240	9:38	444	9:38	111.16	9:01:21	4:52	1	9:01:21	1	9:01:21
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:31	104	6:51	170	6:51	116.80	9:26:51	4:51	123	2:34:55	136	2:34:55