



38. SOLA-Stafette

Zürich / 07.05.2011

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Arenenberger Bauernblitz

□□: Alumni

□□: 578

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:36:02

□□: 10.94 km/h

□□□□: 5:29 min/km

□□□□□: 551 (of 790)

□□□□□□: 6:52:28

□□□□□: 288(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□
Hönggerberg	4.40		6:05	278	11:00	651	11:00	4.40	26:49	6:05	1	26:49	1	26:49
Buchlern	13.25		4:23	140	15:05	213	15:05	17.65	1:24:55	4:48	1	1:24:55	1	1:24:55
Uetliberg	6.20		5:49	162	10:28	264	10:28	23.85	2:00:59	5:04	1	2:00:59	1	2:00:59
Felsenegg	5.90		4:52	131	8:51	219	8:51	29.75	2:29:47	5:02	1	2:29:47	1	2:29:47
Buchlern	14.02		5:12	256	25:19	523	25:19	43.77	3:42:54	5:05	1	3:42:54	1	3:42:54
Hönggerberg	11.10		6:19	300	31:01	733	31:01	54.87	4:53:04	5:20	1	4:53:04	1	4:53:04
Irchel	5.10		5:32	237	11:28	456	11:28	59.97	5:21:18	5:21	1	5:21:18	1	5:21:18
Fluntern	6.34		5:13	227	11:19	424	11:19	66.31	5:54:25	5:20	1	5:54:25	1	5:54:25
Forch	11.30		5:29	252	23:20	521	23:20	77.61	6:56:25	5:21	1	6:56:25	1	6:56:25
Egg	8.75		6:12	295	22:12	708	22:12	86.36	7:50:48	5:27	1	7:50:48	1	7:50:48
Zumikon	12.99		5:41	275	26:52	584	26:52	99.35	9:04:39	5:28	1	9:04:39	1	9:04:39
Witikon	6.91		5:17	277	15:31	623	15:31	106.26	9:41:12	5:28	1	9:41:12	1	9:41:12
Fluntern	4.90		4:59	194	8:07	324	8:07	111.16	10:05:38	5:26	1	10:05:38	1	10:05:38
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Irchel	5.64		5:23	255	11:45	553	11:45	116.80	10:36:02	5:26	295	3:44:06	569	3:44:06