



38. SOLA-Stafette

Zürich / 07.05.2011

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Argus Mythbusters

□□: Alumni
□□: 580

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 9:21:42

□□: 12.39 km/h
□□□□: 4:51 min/km

□□□□□: 103 (of 790)

□□□□□□: 6:52:28

□□□□□: 97(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:49	95	5:27	139	5:27	4.40	21:16	4:49	1	21:16	1	21:16
Buchlern	13.25		4:37	203	18:11	348	18:11	17.65	1:22:28	4:40	1	1:22:28	1	1:22:28
Uetliberg	6.20		4:44	13	3:46	14	3:46	23.85	1:51:50	4:41	1	1:51:50	1	1:51:50
Felsenegg	5.90		4:40	88	7:38	135	7:38	29.75	2:19:25	4:41	1	2:19:25	1	2:19:25
Buchlern	14.02		4:40	157	17:48	252	17:48	43.77	3:25:01	4:41	1	3:25:01	1	3:25:01
Hönggerberg	11.10		4:15	34	8:05	47	8:05	54.87	4:12:15	4:35	1	4:12:15	1	4:12:15
Irchel	5.10		7:05	304	19:24	754	19:24	59.97	4:48:25	4:48	1	4:48:25	1	4:48:25
Fluntern	6.34		5:29	258	12:58	549	12:58	66.31	5:23:11	4:52	1	5:23:11	1	5:23:11
Forch	11.30		5:38	275	25:06	588	25:06	77.61	6:26:57	4:59	1	6:26:57	1	6:26:57
Egg	8.75		5:04	173	12:17	287	12:17	86.36	7:11:25	4:59	1	7:11:25	1	7:11:25
Zumikon	12.99		4:31	76	11:47	102	11:47	99.35	8:10:11	4:56	1	8:10:11	1	8:10:11
Witikon	6.91		4:39	199	11:07	358	11:07	106.26	8:42:20	4:54	1	8:42:20	1	8:42:20
Fluntern	4.90		3:30	6	0:52	8	0:52	111.16	8:59:31	4:51	1	8:59:31	1	8:59:31
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Irchel	5.64		3:55	30	3:32	34	3:32	116.80	9:21:42	4:48	100	2:29:46	110	2:29:46