



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

AXA Sprinters

□□: Alumni
□□: 583

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 8:44:31

□□: 13.36 km/h
□□□□: 4:31 min/km

□□□□□: 42 (of 790)

□□□□□□: 6:52:28

□□□□□: 41 (of 313)

□□□□□□□: 6:52:28

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:29	52	3:58	73	3:58	4.40	19:47	4:29	1	19:47	1	19:47
Buchlern	13.25		3:50	28	7:49	33	7:49	17.65	1:10:37	4:00	1	1:10:37	1	1:10:37
Uetliberg	6.20		5:19	70	7:26	98	7:26	23.85	1:43:39	4:20	1	1:43:39	1	1:43:39
Felsenegg	5.90		4:35	73	7:08	103	7:08	29.75	2:10:44	4:23	1	2:10:44	1	2:10:44
Buchlern	14.02		4:37	146	17:09	231	17:09	43.77	3:15:41	4:28	1	3:15:41	1	3:15:41
Hönggerberg	11.10		4:23	48	9:33	73	9:33	54.87	4:04:23	4:27	1	4:04:23	1	4:04:23
Irchel	5.10		4:31	71	6:17	103	6:17	59.97	4:27:26	4:27	1	4:27:26	1	4:27:26
Fluntern	6.34		4:25	66	6:13	88	6:13	66.31	4:55:27	4:27	1	4:55:27	1	4:55:27
Forch	11.30		4:35	89	13:17	123	13:17	77.61	5:47:24	4:28	1	5:47:24	1	5:47:24
Egg	8.75		4:51	121	10:19	183	10:19	86.36	6:29:54	4:30	1	6:29:54	1	6:29:54
Zumikon	12.99		4:35	95	12:45	128	12:45	99.35	7:29:38	4:31	1	7:29:38	1	7:29:38
Witikon	6.91		4:23	141	9:20	236	9:20	106.26	8:00:00	4:31	1	8:00:00	1	8:00:00
Fluntern	4.90		4:13	59	4:25	79	4:25	111.16	8:20:44	4:30	1	8:20:44	1	8:20:44
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:13	52	5:08	72	5:08	116.80	8:44:31	4:29	42	1:52:35	46	1:52:35