



38. SOLA-Stafette

Zürich / 07.05.2011

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Bainies

□□: Alumni

□□: 587

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:24:14

□□: 12.34 km/h

□□□□: 4:52 min/km

□□□□□: 115 (of 790)

□□□□□□: 6:52:28

□□□□□: 107(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:04	147	6:31	242	6:31	4.40	22:20	5:04	1	22:20	1	22:20
Buchlern	13.25		3:56	47	9:10	55	9:10	17.65	1:14:31	4:13	1	1:14:31	1	1:14:31
Uetliberg	6.20		6:24	244	14:11	511	14:11	23.85	1:54:18	4:47	1	1:54:18	1	1:54:18
Felsenegg	5.90		4:17	40	5:24	49	5:24	29.75	2:19:39	4:41	1	2:19:39	1	2:19:39
Buchlern	14.02		5:21	271	27:13	577	27:13	43.77	3:34:40	4:54	1	3:34:40	1	3:34:40
Hönggerberg	11.10		4:43	118	13:22	188	13:22	54.87	4:27:11	4:52	1	4:27:11	1	4:27:11
Irchel	5.10		4:46	117	7:36	184	7:36	59.97	4:51:33	4:51	1	4:51:33	1	4:51:33
Fluntern	6.34		5:47	285	14:55	632	14:55	66.31	5:28:16	4:57	1	5:28:16	1	5:28:16
Forch	11.30		5:03	181	18:34	309	18:34	77.61	6:25:30	4:58	1	6:25:30	1	6:25:30
Egg	8.75		3:58	9	2:37	10	2:37	86.36	7:00:18	4:52	1	7:00:18	1	7:00:18
Zumikon	12.99		4:56	162	17:13	250	17:13	99.35	8:04:30	4:52	1	8:04:30	1	8:04:30
Witikon	6.91		4:27	159	9:47	271	9:47	106.26	8:35:19	4:50	1	8:35:19	1	8:35:19
Fluntern	4.90		4:55	184	7:47	291	7:47	111.16	8:59:25	4:51	1	8:59:25	1	8:59:25
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Irchel	5.64		4:24	76	6:10	120	6:10	116.80	9:24:14	4:49	110	2:32:18	122	2:32:18