



38. SOLA-Stafette

Zürich / 07.05.2011

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BasleräundäHofmann

□□: Alumni
□□: 588

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 9:16:28

□□: 12.59 km/h
□□□□: 4:48 min/km

□□□□□: 88 (of 790)

□□□□□□: 6:52:28

□□□□□: 83(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:05	154	6:37	254	6:37	4.40	22:26	5:05	1	22:26	1	22:26
Buchlern	13.25		3:58	52	9:37	61	9:37	17.65	1:15:04	4:15	1	1:15:04	1	1:15:04
Uetliberg	6.20		6:31	258	14:53	554	14:53	23.85	1:55:33	4:50	1	1:55:33	1	1:55:33
Felsenegg	5.90		4:03	17	4:00	21	4:00	29.75	2:19:30	4:41	1	2:19:30	1	2:19:30
Buchlern	14.02		5:21	274	27:25	585	27:25	43.77	3:34:43	4:54	1	3:34:43	1	3:34:43
Hönggerberg	11.10		4:47	133	14:04	223	14:04	54.87	4:27:56	4:52	1	4:27:56	1	4:27:56
Irchel	5.10		5:31	236	11:23	451	11:23	59.97	4:56:05	4:56	1	4:56:05	1	4:56:05
Fluntern	6.34		5:10	219	11:03	398	11:03	66.31	5:28:56	4:57	1	5:28:56	1	5:28:56
Forch	11.30		4:35	90	13:18	124	13:18	77.61	6:20:54	4:54	1	6:20:54	1	6:20:54
Egg	8.75		4:23	44	6:16	54	6:16	86.36	6:59:21	4:51	1	6:59:21	1	6:59:21
Zumikon	12.99		4:44	127	14:39	179	14:39	99.35	8:00:59	4:50	1	8:00:59	1	8:00:59
Witikon	6.91		4:26	153	9:39	262	9:39	106.26	8:31:40	4:48	1	8:31:40	1	8:31:40
Fluntern	4.90		3:57	34	3:03	39	3:03	111.16	8:51:02	4:46	1	8:51:02	1	8:51:02
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Irchel	5.64		4:30	102	6:47	165	6:47	116.80	9:16:28	4:45	86	2:24:32	95	2:24:32