



38. SOLA-Stafette

Zürich / 07.05.2011

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Basler&Hofmann

□□: Alumni

□□: 589

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:01:11

□□: 12.86 km/h

□□□□: 4:40 min/km

□□□□□: 61 (of 790)

□□□□□□: 6:52:28

□□□□□: 59(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:04	147	6:31	242	6:31	4.40	22:20	5:04	1	22:20	1	22:20
Buchlern	13.25		3:59	54	9:47	64	9:47	17.65	1:15:08	4:15	1	1:15:08	1	1:15:08
Uetliberg	6.20		5:41	139	9:39	219	9:39	23.85	1:50:23	4:37	1	1:50:23	1	1:50:23
Felsenegg	5.90		4:47	110	8:17	179	8:17	29.75	2:18:37	4:39	1	2:18:37	1	2:18:37
Buchlern	14.02		4:18	84	12:41	115	12:41	43.77	3:19:06	4:32	1	3:19:06	1	3:19:06
Hönggerberg	11.10		4:19	38	8:55	56	8:55	54.87	4:07:10	4:30	1	4:07:10	1	4:07:10
Irchel	5.10		4:30	70	6:14	100	6:14	59.97	4:30:10	4:30	1	4:30:10	1	4:30:10
Fluntern	6.34		5:46	284	14:50	629	14:50	66.31	5:06:48	4:37	1	5:06:48	1	5:06:48
Forch	11.30		5:01	174	18:10	292	18:10	77.61	6:03:38	4:41	1	6:03:38	1	6:03:38
Egg	8.75		4:20	37	5:46	47	5:46	86.36	6:41:35	4:39	1	6:41:35	1	6:41:35
Zumikon	12.99		4:40	113	13:42	158	13:42	99.35	7:42:16	4:39	1	7:42:16	1	7:42:16
Witikon	6.91		4:37	198	10:57	348	10:57	106.26	8:14:15	4:39	1	8:14:15	1	8:14:15
Fluntern	4.90		4:16	69	4:37	93	4:37	111.16	8:35:11	4:38	1	8:35:11	1	8:35:11
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Irchel	5.64		4:36	130	7:21	217	7:21	116.80	9:01:11	4:38	61	2:09:15	66	2:09:15