



38. SOLA-Stafette

Zürich / 07.05.2011

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Bauteile XXVI

□□: Alumni

□□: 590

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 8:14:17

□□: 14.18 km/h

□□□□: 4:16 min/km

□□□□□: 23 (of 790)

□□□□□□: 6:52:28

□□□□□: 23(of 313)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:22	38	3:26	48	3:26	4.40	19:15	4:22	1	19:15	1	19:15
Buchlern	13.25		3:51	34	8:12	40	8:12	17.65	1:10:28	3:59	1	1:10:28	1	1:10:28
Uetliberg	6.20		5:11	53	6:38	73	6:38	23.85	1:42:42	4:18	1	1:42:42	1	1:42:42
Felsenegg	5.90		4:58	160	9:27	272	9:27	29.75	2:12:06	4:26	1	2:12:06	1	2:12:06
Buchlern	14.02		3:58	30	7:49	34	7:49	43.77	3:07:43	4:17	1	3:07:43	1	3:07:43
Hönggerberg	11.10		3:38	5	1:14	5	1:14	54.87	3:48:06	4:09	1	3:48:06	1	3:48:06
Irchel	5.10		4:25	63	5:49	86	5:49	59.97	4:10:41	4:10	1	4:10:41	1	4:10:41
Fluntern	6.34		4:15	39	5:14	52	5:14	66.31	4:37:43	4:11	1	4:37:43	1	4:37:43
Forch	11.30		4:22	52	10:46	68	10:46	77.61	5:27:09	4:12	1	5:27:09	1	5:27:09
Egg	8.75		4:29	60	7:11	76	7:11	86.36	6:06:31	4:14	1	6:06:31	1	6:06:31
Zumikon	12.99		4:25	54	10:26	67	10:26	99.35	7:03:56	4:16	1	7:03:56	1	7:03:56
Witikon	6.91		3:31	18	3:17	21	3:17	106.26	7:28:15	4:13	1	7:28:15	1	7:28:15
Fluntern	4.90		4:27	102	5:33	140	5:33	111.16	7:50:07	4:13	1	7:50:07	1	7:50:07
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Irchel	5.64		4:17	61	5:31	89	5:31	116.80	8:14:17	4:13	24	1:22:21	26	1:22:21