



38. SOLA-Stafette

Zürich / 07.05.2011

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Blutritter Alumni

□□: Alumni

□□: 596

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:40:04

□□: 12.00 km/h

□□□□: 5:00 min/km

□□□□□: 188 (of 790)

□□□□□□: 6:52:28

□□□□□: 164(of 313)

□□□□□□□: 6:52:28

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|---------|------|---------|---------|-----------|-----------|
| Hönggerberg | 4.40 | | 5:06 | 158 | 6:41 | 263 | 6:41 | 4.40 | 22:30 | 5:06 | 1 | 22:30 | 1 | 22:30 |
| Buchlern | 13.25 | | 4:06 | 80 | 11:31 | 102 | 11:31 | 17.65 | 1:17:02 | 4:21 | 1 | 1:17:02 | 1 | 1:17:02 |
| Uetliberg | 6.20 | | 6:41 | 270 | 15:53 | 590 | 15:53 | 23.85 | 1:58:31 | 4:58 | 1 | 1:58:31 | 1 | 1:58:31 |
| Felsenegg | 5.90 | | 5:19 | 213 | 11:29 | 407 | 11:29 | 29.75 | 2:29:57 | 5:02 | 1 | 2:29:57 | 1 | 2:29:57 |
| Buchlern | 14.02 | | 4:34 | 131 | 16:19 | 202 | 16:19 | 43.77 | 3:34:04 | 4:53 | 1 | 3:34:04 | 1 | 3:34:04 |
| Hönggerberg | 11.10 | | 5:03 | 184 | 17:04 | 336 | 17:04 | 54.87 | 4:30:17 | 4:55 | 1 | 4:30:17 | 1 | 4:30:17 |
| Irchel | 5.10 | | 5:14 | 191 | 9:59 | 343 | 9:59 | 59.97 | 4:57:02 | 4:57 | 1 | 4:57:02 | 1 | 4:57:02 |
| Fluntern | 6.34 | | 4:56 | 160 | 9:30 | 266 | 9:30 | 66.31 | 5:28:20 | 4:57 | 1 | 5:28:20 | 1 | 5:28:20 |
| Forch | 11.30 | | 5:37 | 273 | 24:57 | 582 | 24:57 | 77.61 | 6:31:57 | 5:03 | 1 | 6:31:57 | 1 | 6:31:57 |
| Egg | 8.75 | | 5:04 | 172 | 12:15 | 285 | 12:15 | 86.36 | 7:16:23 | 5:03 | 1 | 7:16:23 | 1 | 7:16:23 |
| Zumikon | 12.99 | | 4:36 | 97 | 12:56 | 131 | 12:56 | 99.35 | 8:16:18 | 4:59 | 1 | 8:16:18 | 1 | 8:16:18 |
| Witikon | 6.91 | | 4:42 | 210 | 11:27 | 389 | 11:27 | 106.26 | 8:48:47 | 4:58 | 1 | 8:48:47 | 1 | 8:48:47 |
| Fluntern | 4.90 | | 4:35 | 126 | 6:09 | 184 | 6:09 | 111.16 | 9:11:15 | 4:57 | 1 | 9:11:15 | 1 | 9:11:15 |
| □□□ | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 5:06 | 219 | 10:10 | 430 | 10:10 | 116.80 | 9:40:04 | 4:57 | 168 | 2:48:08 | 198 | 2:48:08 |