



38. SOLA-Stafette

Zürich / 07.05.2011

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CHAutomatOS

□□: Alumni

□□: 602

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:29:27

□□: 12.22 km/h

□□□□: 4:55 min/km

□□□□□: 138 (of 790)

□□□□□□: 6:52:28

□□□□□: 126(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:59	125	6:09	207	6:09	4.40	21:58	4:59	1	21:58	1	21:58
Buchlern	13.25		4:31	178	16:53	295	16:53	17.65	1:21:52	4:38	1	1:21:52	1	1:21:52
Uetliberg	6.20		6:09	223	12:34	422	12:34	23.85	2:00:02	5:01	1	2:00:02	1	2:00:02
Felsenegg	5.90		4:45	104	8:09	167	8:09	29.75	2:28:08	4:58	1	2:28:08	1	2:28:08
Buchlern	14.02		4:26	104	14:29	154	14:29	43.77	3:30:25	4:48	1	3:30:25	1	3:30:25
Hönggerberg	11.10		5:04	190	17:16	348	17:16	54.87	4:26:50	4:51	1	4:26:50	1	4:26:50
Irchel	5.10		4:37	90	6:51	137	6:51	59.97	4:50:27	4:50	1	4:50:27	1	4:50:27
Fluntern	6.34		5:04	191	10:20	333	10:20	66.31	5:22:35	4:51	1	5:22:35	1	5:22:35
Forch	11.30		4:53	144	16:31	219	16:31	77.61	6:17:46	4:52	1	6:17:46	1	6:17:46
Egg	8.75		5:53	280	19:24	641	19:24	86.36	7:09:21	4:58	1	7:09:21	1	7:09:21
Zumikon	12.99		4:49	142	15:43	211	15:43	99.35	8:12:03	4:57	1	8:12:03	1	8:12:03
Witikon	6.91		4:12	94	8:05	148	8:05	106.26	8:41:10	4:54	1	8:41:10	1	8:41:10
Fluntern	4.90		4:38	137	6:25	199	6:25	111.16	9:03:54	4:53	1	9:03:54	1	9:03:54
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Irchel	5.64		4:31	106	6:54	173	6:54	116.80	9:29:27	4:52	129	2:37:31	146	2:37:31