



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

ciapasüeportaacà

□□: Alumni
□□: 603

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 8:47:57

□□: 13.18 km/h
□□□□: 4:33 min/km

□□□□□: 44 (of 790)

□□□□□□: 6:52:28

□□□□□: 43(of 313)

□□□□□□□: 6:52:28

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|-----------|-----------|---------------|---------|---------|-----------|-----------|
| Hönggerberg | 4.40 | | 5:00 | 128 | 6:12 | 211 | 6:12 | 4.40 | 22:01 | 5:00 | 1 | 22:01 | 1 | 22:01 |
| Buchlern | 13.25 | | 4:31 | 173 | 16:50 | 286 | 16:50 | 17.65 | 1:21:52 | 4:38 | 1 | 1:21:52 | 1 | 1:21:52 |
| Uetliberg | 6.20 | | 5:06 | 42 | 6:05 | 53 | 6:05 | 23.85 | 1:53:33 | 4:45 | 1 | 1:53:33 | 1 | 1:53:33 |
| Felsenegg | 5.90 | | 5:40 | 254 | 13:32 | 556 | 13:32 | 29.75 | 2:27:02 | 4:56 | 1 | 2:27:02 | 1 | 2:27:02 |
| Buchlern | 14.02 | | 3:45 | 12 | 4:47 | 13 | 4:47 | 43.77 | 3:19:37 | 4:33 | 1 | 3:19:37 | 1 | 3:19:37 |
| Hönggerberg | 11.10 | | 3:46 | 7 | 2:43 | 8 | 2:43 | 54.87 | 4:01:29 | 4:24 | 1 | 4:01:29 | 1 | 4:01:29 |
| Irchel | 5.10 | | 4:03 | 26 | 3:57 | 34 | 3:57 | 59.97 | 4:22:12 | 4:22 | 1 | 4:22:12 | 1 | 4:22:12 |
| Fluntern | 6.34 | | 4:22 | 57 | 5:58 | 76 | 5:58 | 66.31 | 4:49:58 | 4:22 | 1 | 4:49:58 | 1 | 4:49:58 |
| Forch | 11.30 | | 4:13 | 36 | 9:10 | 46 | 9:10 | 77.61 | 5:37:48 | 4:21 | 1 | 5:37:48 | 1 | 5:37:48 |
| Egg | 8.75 | | 5:00 | 153 | 11:34 | 240 | 11:34 | 86.36 | 6:21:33 | 4:25 | 1 | 6:21:33 | 1 | 6:21:33 |
| Zumikon | 12.99 | | 5:17 | 226 | 21:41 | 419 | 21:41 | 99.35 | 7:30:13 | 4:31 | 1 | 7:30:13 | 1 | 7:30:13 |
| Witikon | 6.91 | | 4:47 | 228 | 12:07 | 442 | 12:07 | 106.26 | 8:03:22 | 4:32 | 1 | 8:03:22 | 1 | 8:03:22 |
| Fluntern | 4.90 | | 3:43 | 17 | 1:54 | 21 | 1:54 | 111.16 | 8:21:35 | 4:30 | 1 | 8:21:35 | 1 | 8:21:35 |
| □□□ | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 4:40 | 144 | 7:43 | 250 | 7:43 | 116.80 | 8:47:57 | 4:31 | 44 | 1:56:01 | 48 | 1:56:01 |