



# 38. SOLA-Stafette

Zürich / 07.05.2011

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Clito

□□: Alumni  
□□: 606

□□: 116.80 km  
Sola-Stafette

□□□□:  
Schnelle

□□□: 9:17:02

□□: 12.58 km/h  
□□□□: 4:48 min/km

□□□□□: 89 (of 790)

□□□□□□: 6:52:28

□□□□□: 84(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:46	260	9:35	548	9:35	4.40	25:24	5:46	1	25:24	1	25:24
Buchlern	13.25		4:34	194	17:33	329	17:33	17.65	1:25:58	4:52	1	1:25:58	1	1:25:58
Uetliberg	6.20		5:49	165	10:34	270	10:34	23.85	2:02:08	5:07	1	2:02:08	1	2:02:08
Felsenegg	5.90		4:24	52	6:02	65	6:02	29.75	2:28:07	4:58	1	2:28:07	1	2:28:07
Buchlern	14.02		4:33	127	16:03	195	16:03	43.77	3:31:58	4:50	1	3:31:58	1	3:31:58
Hönggerberg	11.10		5:05	192	17:18	353	17:18	54.87	4:28:25	4:53	1	4:28:25	1	4:28:25
Irchel	5.10		4:50	129	7:58	206	7:58	59.97	4:53:09	4:53	1	4:53:09	1	4:53:09
Fluntern	6.34		5:06	197	10:33	349	10:33	66.31	5:25:30	4:54	1	5:25:30	1	5:25:30
Forch	11.30		4:18	44	10:02	54	10:02	77.61	6:14:12	4:49	1	6:14:12	1	6:14:12
Egg	8.75		4:19	35	5:39	45	5:39	86.36	6:52:02	4:46	1	6:52:02	1	6:52:02
Zumikon	12.99		4:57	168	17:31	262	17:31	99.35	7:56:32	4:47	1	7:56:32	1	7:56:32
Witikon	6.91		4:36	191	10:50	335	10:50	106.26	8:28:24	4:47	1	8:28:24	1	8:28:24
Fluntern	4.90		4:18	75	4:49	103	4:49	111.16	8:49:32	4:45	1	8:49:32	1	8:49:32
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Irchel	5.64		4:52	178	8:51	327	8:51	116.80	9:17:02	4:46	87	2:25:06	96	2:25:06