



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

comparis.ch

□□: Alumni

□□: 609

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:35:24

□□: 12.10 km/h

□□□□: 4:58 min/km

□□□□□: 161 (of 790)

□□□□□□: 6:52:28

□□□□□: 143(of 313)

□□□□□□□: 6:52:28

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:27	217	8:14	422	8:14	4.40	24:03	5:27	1	24:03	1	24:03
Buchlern	13.25		4:04	73	10:56	92	10:56	17.65	1:18:00	4:25	1	1:18:00	1	1:18:00
Uetliberg	6.20		7:33	302	21:17	731	21:17	23.85	2:04:53	5:14	1	2:04:53	1	2:04:53
Felsenegg	5.90		6:02	288	15:41	667	15:41	29.75	2:40:31	5:23	1	2:40:31	1	2:40:31
Buchlern	14.02		4:44	164	18:39	280	18:39	43.77	3:46:58	5:11	1	3:46:58	1	3:46:58
Hönggerberg	11.10		4:53	148	15:07	256	15:07	54.87	4:41:14	5:07	1	4:41:14	1	4:41:14
Irchel	5.10		4:25	61	5:46	84	5:46	59.97	5:03:46	5:03	1	5:03:46	1	5:03:46
Fluntern	6.34		5:17	240	11:44	463	11:44	66.31	5:37:18	5:05	1	5:37:18	1	5:37:18
Forch	11.30		4:46	124	15:12	178	15:12	77.61	6:31:10	5:02	1	6:31:10	1	6:31:10
Egg	8.75		5:14	198	13:39	350	13:39	86.36	7:17:00	5:03	1	7:17:00	1	7:17:00
Zumikon	12.99		4:17	43	8:45	51	8:45	99.35	8:12:44	4:57	1	8:12:44	1	8:12:44
Witikon	6.91		3:56	50	6:12	68	6:12	106.26	8:39:58	4:53	1	8:39:58	1	8:39:58
Fluntern	4.90		4:48	169	7:16	255	7:16	111.16	9:03:33	4:53	1	9:03:33	1	9:03:33
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:38	281	13:12	633	13:12	116.80	9:35:24	4:55	147	2:43:28	170	2:43:28