



38. SOLA-Stafette

Zürich / 07.05.2011

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Die Namenlosen

□□: Alumni

□□: 618

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:19:20

□□: 12.44 km/h

□□□□: 4:50 min/km

□□□□□: 97 (of 790)

□□□□□□: 6:52:28

□□□□□: 91(of 313)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:46	89	5:12	132	5:12	4.40	21:01	4:46	1	21:01	1	21:01
Buchlern	13.25		4:46	231	20:19	449	20:19	17.65	1:24:21	4:46	1	1:24:21	1	1:24:21
Uetliberg	6.20		5:21	77	7:37	108	7:37	23.85	1:57:34	4:55	1	1:57:34	1	1:57:34
Felsenegg	5.90		4:57	154	9:21	265	9:21	29.75	2:26:52	4:56	1	2:26:52	1	2:26:52
Buchlern	14.02		4:45	165	18:48	284	18:48	43.77	3:33:28	4:52	1	3:33:28	1	3:33:28
Hönggerberg	11.10		4:27	59	10:19	93	10:19	54.87	4:22:56	4:47	1	4:22:56	1	4:22:56
Irchel	5.10		5:03	165	9:01	276	9:01	59.97	4:48:43	4:48	1	4:48:43	1	4:48:43
Fluntern	6.34		4:16	41	5:16	54	5:16	66.31	5:15:47	4:45	1	5:15:47	1	5:15:47
Forch	11.30		5:04	182	18:39	313	18:39	77.61	6:13:06	4:48	1	6:13:06	1	6:13:06
Egg	8.75		4:57	140	11:13	218	11:13	86.36	6:56:30	4:49	1	6:56:30	1	6:56:30
Zumikon	12.99		4:55	161	17:04	247	17:04	99.35	8:00:33	4:50	1	8:00:33	1	8:00:33
Witikon	6.91		4:08	82	7:32	126	7:32	106.26	8:29:07	4:47	1	8:29:07	1	8:29:07
Fluntern	4.90		4:56	190	7:53	305	7:53	111.16	8:53:19	4:47	1	8:53:19	1	8:53:19
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Irchel	5.64		4:36	132	7:22	221	7:22	116.80	9:19:20	4:47	94	2:27:24	104	2:27:24